

August Menu

AUGUST 1

FRIDAY 8/1

Breakfast - Pancakes, Mandarin Oranges & Milk

Parent Breakfast - Blueberry Muffins

Lunch - BBQ Chicken w/Rice, String Beans, Diced Peas & Milk

3pm Snack - Apple Slices

AUGUST 4 - 8

MONDAY 8/4

Breakfast - Blueberry Muffins, Diced Peaches & Milk

Parent Breakfast - Blueberry Muffins

Lunch - Chicken Nuggets, Mashed Potatoes, Mixed Fruit & Milk

3pm Snack - Animal Crackers

TUESDAY 8/5

Breakfast - French Toast, Pineapple Tidbits & Milk

Parent Breakfast - Peach Muffins

Lunch - Beef Steak Nuggets, String Beans, Pineapple Tidbits & Milk

3pm Snack - Cheese & Crackers

WEDNESDAY 8/6

Breakfast - Banana Muffins, Applesauce & Milk

Parent Breakfast - Ham Biscuits

Lunch - Mini Corn Dogs, Tater Tots, Diced Peaches & Milk

3pm Snack - Frozen Yogurt

THURSDAY 8/7

Breakfast - Waffles, Mandarin Oranges & Milk

Parent Breakfast - Pineapple Muffins

Lunch - Cheese Pizza, String Beans, Diced Peas & Milk

3pm Snack - Goldfish Crackers

FRIDAY 8/8

Breakfast - Oatmeal, Applesauce & Milk

Parent Breakfast - Cheese Biscuits

Lunch - Fish Sticks, Tater Tots, Diced Peaches & Milk

3pm Snack - Pretzels

AUGUST 11 - 15

MONDAY 8/11

Breakfast - French Toast, Pineapple Tidbits & Milk

Parent Breakfast - Banana Muffins

Lunch - Italian Chicken & Broccoli w/Pasta, Diced Peaches & Milk

3pm Snack - Oatmeal Cookies

TUESDAY 8/12

Breakfast - Scrambled Eggs w/Ham, Grits, Mandarin Oranges & Milk

Parent Breakfast - Cheese Biscuits

Lunch - BBQ Turkey Sliders, Tater Tots, Mixed Fruit & Milk

3pm Snack - Frozen Yogurt

WEDNESDAY 8/13

Breakfast - Cheese Biscuits, Applesauce & Milk

Parent Breakfast - Chefs Choice

Lunch - Turkey & Cheese Quesadillas, String Beans, Diced Peas & Milk

3pm Snack - Cheese & Crackers

THURSDAY 8/14

Breakfast - Oatmeal, Pineapple Tidbits & Milk

Parent Breakfast - Ham Biscuits

Lunch - Meat Balls & Spaghetti, Green Peas, Mixed Fruit & Milk

3pm Snack - End of Summer Party

FRIDAY 8/15

**All Centers Closed -
Teacher Planning Day!**

AUGUST 18 - 22

MONDAY 8/18

Breakfast - Spiced Pear Muffins, Pineapple Tidbits & Milk

Parent Breakfast - Blueberry Muffins

Lunch - Oriental Chicken w/Rice & Vegetables, Diced Peaches & Milk

3pm Snack - Apple Slices

TUESDAY 8/19

Breakfast - Pancakes, Diced Peas & Milk

Parent Breakfast - Cranberry Muffins

Lunch - Chicken & Broccoli Alfredo w/Pasta, Mixed Fruit & Milk

3pm Snack - Animal Crackers

WEDNESDAY 8/20

Breakfast - Peach Muffins, Applesauce & Milk

Parent Breakfast - Ham Biscuits

Lunch - Meat Sauce & Spaghetti, String Beans, Mixed Fruit & Milk

3pm Snack - Cheese & Crackers

THURSDAY 8/21

Breakfast - Scrambled Eggs, Grits, Diced Peaches & Milk

Parent Breakfast - Chefs Choice

Lunch - Chicken Pilaf, Green Peas, Pineapple Tidbits & Milk

3pm Snack - Goldfish Crackers

FRIDAY 8/22

Breakfast - French Toast, Diced Peas & Milk

Parent Breakfast - Blueberry Muffins

Lunch - Cheese Quesadillas, Salad w/Ranch Dressing, Pineapple Tidbits & Milk

3pm Snack - Fresh Melon Chunks

AUGUST 25 - 29

MONDAY 8/25

Breakfast - Oatmeal, Applesauce & Milk

Parent Breakfast - Cheddar Bay Biscuits

Lunch - Chicken Sliders, Tater Tots, Diced Peaches & Milk

3pm Snack - Frozen Yogurt

TUESDAY 8/26

Breakfast - Cheese Biscuits, Applesauce & Milk

Parent Breakfast - Cheese Biscuits

Lunch - Meat Balls & Spaghetti, String Beans, Diced Peas & Milk

3pm Snack - Fresh Apple Slices

WEDNESDAY 8/27

Breakfast - Scrambled Eggs w/Ham, Grits, Diced Peaches & Milk

Parent Breakfast - Cranberry Chocolate Chip Muffins

Lunch - Oriental Chicken w/Rice & Vegetables, Mixed Fruit & Milk

3pm Snack - Pretzels & Lemonade

THURSDAY 8/28

Breakfast - French Toast, Pineapple Tidbits & Milk

Parent Breakfast - Chefs Choice

Lunch - Fish Sticks, Tater Tots, Diced Peas & Milk

3pm Snack - Goldfish Crackers

FRIDAY 8/29

Breakfast - Oatmeal, Diced Peaches & Milk.

Parent Breakfast - Cheddar Bay Biscuits

Lunch - Sloppy Joe, Salad w/Ranch Dressing, Mixed Fruit & Milk

3pm Snack - Cheese & Crackers



"Growing Room Tallahassee"



www.pinterest.com/grtally



@Growing_Room

**** Please remember to send in a substitute if there is something on the menu your child cannot eat due to allergies or other food restrictions. All substitutes need to be checked in at the front desk and must be nut free!**

Growing Room News

Love and Learning: The Growing Room Way

August 2014

www.GrowingRoomChildCare.com

Welcome to the 2014-15 Growing Room School Year!

We are so excited about the upcoming school year as we continue to raise the bar in early childhood education! It is our commitment to provide your child with another year of Love and Learning the Growing Room Way! We want to welcome all of our new families to Growing Room and thank all of our existing families for your support in making Growing Room the best early childhood development center in town!

Our goal is to keep you informed of all the fun and exciting things we have going on around the center via our monthly newsletter, email, Facebook, Twitter, and our website. If you have any questions about anything don't hesitate to ask—we are here for you! This is a very exciting time of year and we are ready to provide the best possible care and education for your children.

Tips for a Successful School Year

- Please remember Growing Room's clear bag/backpack policy. It is important for the safety of your children that we have only clear bags in the classroom.
- Growing Room is a nut free facility. Please check all ingredients on items brought into the school to be certain that they are not processed on shared equipment.
- Check your child's Parent Pocket (folder) each day for teacher correspondence and daily information sheets.
- Remember to sign your child in and out in their classroom each day.
- Check the Parent Board inside the Parent Room and in your child's classroom for important information.
- Thank you for not blocking the drive thru. This area should be reserved for parents of infants or inclement weather.
- All medications should be left at the front desk with a current medication form.

**ALL CENTERS
CLOSED
Friday, August 15th**
Teacher Planning Day

Back to School Orientation

**Friday, August 15th
4:00 p.m. to 5:00 p.m.**

*Come meet your child's teacher and see their new classroom!

VPK Only Hours

9:00 a.m. —12:00 p.m.
Ask about
Lunch Bunch!

Extra Curricular Activities

- ☺Dance
- ☺Junior Gym
- ☺Jingle Jam
- ☺Jellybeans—
Young Actors
Studio
- ☺Playball

Sign Up Today!

Our Partners



Character Education in August Respect and Following the Rules



Your child will learn through the use of Character Education books, Character Critters, teacher modeling, and positive reinforcement.

Key Words Include:

- Yes Ma'am
- No Ma'am
- Yes Sir
- No Sir
- Thank You
- Please

Spirit Day Friday



Each Friday at Growing Room is **Spirit Day Friday!** We encourage our children and our staff to wear their Growing Room t-shirt to show their Growing Room spirit!

We will be ordering t-shirts this month. Be on the lookout for a t-shirt order form to come home the week of August 18th. We are very excited about the new design. The shirts are \$6 each.

We love seeing the children in their Growing Room shirts on Fridays!

Helpful Parent Reminders

- August 1.....Water Day & Spirit Day Friday
- August 8.....Water Day & Spirit Day Friday
- August 14.....Last Day of Summer Camp
- August 14.....End of Summer Parties, 3:00 p.m.
- August 15Teacher Planning Day—All Centers CLOSED**
- August 15.....Back to School Orientation, 4:00—5:00 p.m.**
- August 18.....First Day of the 2014-2015 School Year
- August 22.....Spirit Day Friday
- August 23.....Night Owl
- August 29.....Color Day—Wear Purple & Green From Head to Toe!

**TO ALL OF OUR FAMILIES WHO CELEBRATE
BIRTHDAYS IN AUGUST , WE WISH YOU A
VERY HAPPY DAY!**

“Making a Difference Employee” for August

Growing Room 1
Mrs. Tishelia Thompson
Director

Mrs. Tishelia has been the Director at Growing Room 1 for four years! She is a devoted, reliable employee who always puts the needs of others before her own. Mrs. Tishelia cares deeply for the children and families at her center as well as for her employees. We truly appreciate Mrs. Tishelia and everything she does to make Growing Room 1 the amazing center that it is!

Thank you Mrs. Tishelia for
Making a Difference!

Growing Room 2
Mrs. Lisa Owens
Director

Mrs. Lisa started with Growing Room 1 as a teacher before moving into an administrative role. She pours her heart and her soul into her center and strives for the very best! Mrs. Lisa ensures each and every day that the children and families at Growing Room 2 are safe and well taken care of. She is an incredible asset to Growing Room and we are so thankful for everything she does!

Thank you Ms. Lisa for
Making a Difference!

Growing Room 3
Mrs. Renee Carlson
Director

Mrs. Renee has been with us since the beginning! She started as a teacher at Growing Room 1 before being promoted to Director at Growing Room 2 when it opened. Mrs. Renee goes above and beyond every day for the children and families in her center as well as her employees. She is dedicated and an extremely hard worker and is an integral part of our Growing Room Family!

Thank you Mrs. Renee for
Making a Difference!

The Three Different Styles of Learning

There are three main types of learning styles. They include:

- Visual (learning through seeing)
- Auditory (learning through hearing)
- Kinesthetic (learning through doing and moving; hands-on learning)



Children who are visual learners tend to observe people's body language and facial expressions for content and learn through demonstrations and descriptions. They normally have vivid imaginations and often think of things in pictures.

Auditory learners learn first and best through listening to stories, music, conversations, or instructions.

Children who are kinesthetic learners learn through physical sensations. A kinesthetic learner may need to use blocks, an abacus, or other counting materials to practice the new concept.



Are you receiving our emails?



Welcome to all of our new families! Email is a valuable way for us to stay in touch with you! If you are not receiving our emails please add

info@GrowingRoomChildCare.com

to your address book and send us an email to ensure you are on our list.

We promise not to fill up your inbox with junk mail! We just want to ensure you know what is going on around the center and in your child's class.

NIGHT OWL Saturday, August 23rd



5:30—11:00 p.m.
Growing Room 3

\$35.00 for the first child
\$18.00 for each sibling
Minimum of 18 children