# September Menu

SEPTEMBER 1 - 5

MONDAY 9/1

LABOR DAY ALL CENTERS CLOSED

TUESDAY 9/2

Breakfast - Pancakes, Applesauce & Milk

Parent Breakfast - Ham Biscuits

Lunch - Chicken Sliders, Baked Beans, Diced

Pears & Milk

3pm Snack - Apple Slices WEDNESDAY 9/3

Breakfast - Cheese Grits, Mandarin Oranges &

Parent Breakfast - Blueberry Muffins

Lunch - Chicken & Sausage Paella, String Beans,, Mixed Fruit & Milk

3pm Snack – Cheese & Crackers

THURSDAY 9/4

Breakfast - Oatmeal, Diced Peaches & Milk

Parent Breakfast - Chefs Choice

Lunch - Cheese Tortellini, Broccoli, Pineapple Tidbits & Milk

3pm Snack - Goldfish Crackers

FRIDAY 9/5

Breakfast - French Toast, Applesauce & Milk

Parent Breakfast - Peach Muffins

Lunch - Chicken Cordon Bleu, Green Peas,

Diced Peaches & Milk

3pm Snack - Fresh Melon Chunks

SEPTEMBER 8 - 12

MONDAY 9/8

Breakfast - Applesauce Muffins, Diced Peaches

Parent Breakfast - Cheddar Bay Biscuits

Lunch - Meatballs & Spaghetti, String Beans, Mixed Fruit & Milk

3pm Snack - Frozen Yogurt

TUESDAY 9/9

Breakfast - Waffles, Mandarin Oranges & Milk

Parent Breakfast - Chefs Choice

Lunch - Oriental Chicken w/Rice & Vegetables,

Pineapple Tidbits & Milk

3pm Snack - Cheese & Crackers

WEDNESDAY 9/10

Breakfast - Cheese Biscuits, Diced Pears & Milk

Parent Breakfast - Peach Muffins

Lunch - Chefs Choice, Field Peas, Diced

Peaches & Milk

3pm Snack - Apple Slices

THURSDAY 9/11

Breakfast - Oatmeal, Applesauce & Milk

Parent Breakfast - Pineapple Muffins

Lunch - Turkey Stroganoff w/Noodles, Broccoli. Mixed Fruit & Milk

3pm Snack - Goldfish Crackers

FRIDAY 9/12

Breakfast - French Toast, Mandarin Oranges

Parent Breakfast - Ham & Cheese Biscuits

Lunch - Italian Chicken & Pasta, String Beans Diced Pears & Milk

3pm Snack - Vanilla Wafers

SEPTEMBER 15 - 19

MONDAY 9/15

Breakfast - Peach Muffins, Applesauce & Milk Parent Breakfast - Blueberry Muffins

Lunch - Baked Chopped Steak, Field Peas, Diced Peaches & Milk

3 pm snack - Fresh Fruit

TUESDAY 9/16

Breakfast - Cheese Grits w/Ham, Mandarin Oranges & Milk

Parent Breakfast - Cheese Biscuits

Lunch - Chefs Choice, String Beans, Mixed Fruit, & Milk

3pm Snack - Frozen Yogurt

WEDNESDAY 9/17

Breakfast - French Toast, Diced Pears & Milk

Parent Breakfast - Chefs Choice

Lunch - Beef Steak Nuggets, Mashed Potatoes, Pineapple Tidbits & Milk

3pm Snack - Animal Crackers

THURSDAY 9/18

Breakfast - Oatmeal, Diced Pears & Milk

Parent Breakfast - Blueberry Choc Chip Muffins Lunch - BBQ Turkey Sliders, String Beans, Diced Peaches & Milk

3pm Snack - Cheese & Crackers

**FRIDAY 9/19** 

Breakfast - Pancakes, Mandarin Oranges & Milk

Parent Breakfast - Cheddar Bay Biscuits

Lunch - Fish Sticks, Tater Tots, Mixed Fruit

3pm Snack - Fresh Apple Slices

**SEPTEMBER 22 - 26** 

**MONDAY 9/22** 

Breakfast - Ham Biscuits, Diced Pears & Milk

Parent Breakfast - Applesauce Muffins

Lunch - Chicken Spaghetti, California Mixed Vegs, Diced Peaches & Milk

3pm Snack - Frozen Yogurt

TUESDAY 9/23

Breakfast - Pancakes, Applesauce & Milk

Parent Breakfast - Cinnamon - Raisin Biscuits

Lunch - Turkey & Rice Quesadillas, String

Beans, Mixed Fruit & Milk 3pm Snack - Melon Chunks

WEDNESDAY 9/24

Breakfast - Cheese Grits, Mandarin Oranges & Milk

Parent Breakfast - Chefs Choice

Lunch - Chicken Nuggets, Mashed Potatoes,

Pineapple Tidbits & Milk

3 pm Snack - Cheese & Crackers

THURSDAY 9/25

Breakfast - Oatmeal, Diced Pears & Milk Parent Breakfast - Banana Muffins

Lunch - Cheese Pizza, String Beans, Mixed Fruit & Milk

3pm Snack - Vanilla Wafers

**FRIDAY 9/26** 

Breakfast - French Toast, Diced Peaches & Milk

Parent Breakfast - Cheddar Bay Biscuits

Lunch - BBQ Chicken & Rice, Field Peas, Diced Pears & Milk

3pm Snack - Fresh Apple Slices

**SEPTEMBER 29 - 30** 

**MONDAY 9/29** Breakfast - Pancakes, Applesauce & Milk

Parent Breakfast - Chocolate Chip Muffins

Lunch - Chicken & Spanish Rice, String Beans, Pineapple Tidbits & Milk

3pm Snack - Goldfish Crackers

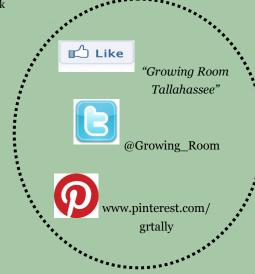
TUESDAY 9/30

Breakfast - Blueberry Muffins, Mandarin Oranges &

Parent Breakfast - Cranberry Muffins

Lunch - Sloppy Joes, Tater Tots, Mixed Fruit &

3pm Snack - Frozen Yogurt



\*\* Please remember to send in a substitute if there is something on the menu your child cannot eat due to allergies or other food restrictions. All substitutes need to be checked in at the front desk and must be nut free!



September 2014

www.GrowingRoomChildCare.com

# Grandparents Are Special

#### **Grandparent's Day Tea Parties**

We love GRANDPARENTS! All grandparents are invited for a special morning with their grandchild that will include refreshments and a special art project.



**Infant through K-2 Classes** Thursday, September 4th at 9:30 a.m.

K-3 and K-4 Classes Friday, September 5th at 9:30 a.m.

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#### Extra Curricular Activities

- © Dance
- ©Junior Gym
- ©Jingle Jam
- ©Jellybeaners— **Young Actors** Studio
- © Playball

Sign Up Today!

### Grandparent's Reading Dag

Wednesday, September 3rd



Calling all grandparents! Sign-up to come read to your grandchild's class. Look for the sign-up sheet on the classroom door. We would love to have you!



#### **Our Partners**



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## Character Education in September Being Kind and Polite



Your child will learn through the use of Character Education books, Character Critters, teacher modeling, and positive reinforcement.



I'm Sorry You're Welcome Excuse Me

Key Words:



## Spirit Day Friday

Each Friday at Growing Room is Spirit Day Friday! We encourage our children and our staff to wear their Growing Room t-shirt to show their Growing Room spirit!

We are very excited about our new Spirit Day Friday t-shirts! If you missed ordering a shirt we will have limited quantities available for purchase. All shirts are \$6. The shirts should arrive around the middle of September.

We love seeing the children in their Growing Room shirts on Fridays!







#### What Do Children Learn in the Block Center?

Block play is a valuable learning tool for young children of all ages. Children can let their imaginations soar while learning to think, plan, and develop problem solving skills. In the block center, children have the opportunity to sort, group, arrange different objects, and create patterns. They observe differences and similarities while learning concepts of shape, size, and proportion. Block play also allows the children to work on their coordination while reaching, picking up, stacking, lifting, carrying, and fitting the blocks together.

The block area is an ideal place for children to practice new vocabulary by using words to describe types of buildings, shapes, and structures. When planning a structure together, children must also use verbal communication skills. Our teachers can enhance language skills in the block area by using new vocabulary words, encouraging children to describe their structures and their building process, and by encouraging the older children to write stories and draw pictures about the structures they create.

When working together in the block area, children begin to practice negotiation. They gain experience following rules, sharing their ideas and insights, and looking at the world from the points of view of others. Ask your child what his/her favorite thing to do in the block center is.







#### **Helpful Parent Reminders**

September 1	Labor Day—All Centers CLOSED
September 2	Grandparent Pictures Show and Tell
September 3	Grandparent's Reading Day
September 4	Grandparent's Day Tea Party, Infant-K2, 9:30 a.m.
September 5	Grandparent's Day Tea Party, K3-K4, 9:30 a.m.
September 5	Spirit Day Friday
September 11	Bring in Big & Little Trashable Treasures for Class Collage
September 12	Spirit Day Friday
September 19	Spirit Day Friday
September 23	Bring in Leaves from Home, K3-K4
September 26	Spirit Day Friday
September 27	Night Owl

# TO ALL OF OUR FAMILIES WHO CELEBRATE BIRTHDAYS IN SEPTEMBER, WE WISH YOU A VERY HAPPY DAY!

#### "Making a Difference Employee" for September

Growing Room 1 Ms. Lu Ann Huggins K4A Lead

Ms. Lu Ann is a real team player and has been a great asset to Growing Room. She is always willing to help wherever she is needed. Ms. Lu Ann is innovative and creative. She is an awesome teacher!

Thank you Ms. LuAnn for Making a Difference!

Growing Room 2 Ms. Brittney O'Brien Toddler Lead

Ms. Brittney started with Growing Room as a floater in February. She quickly became a very valuable asset to our team and was recently promoted to a lead teacher. Ms. Brittney is a wonderful and loving teacher and we are very lucky to have her.

Thank you Ms. Brittney for Making a Difference! Growing Room 3

Ms. Brittany Tiller

K3A Para Pro

Ms. Brittany started with us as an FSU practicum student. After graduation, she took on a Para Professional position. Ms. Brittany's bright and energetic personality along with her energetic and positive attitude have been wonderful additions to our Growing Room team.

Thank you Ms. Brittany for Making a Difference!

#### Are you receiving our emails?



Welcome to all of our new families! Email is a valuable way for us to stay in touch with you! If you are not receiving our emails please add

#### info@GrowingRoomChildCare.com

to your address book and send us an email to ensure you are on our list.

We promise not to fill up your inbox with junk mail! We just want to ensure you know what is going on around the center and in your child's class.

#### NIGHT OWL Saturday, September 27th



5:30-11:00 p.m. Growing Room 3

\$40.00 for the first child \$20.00 for each sibling Minimum of 18 children

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