# November Menu

# NOVEMBER 3 - 7

MONDAY 11/3

Breakfast - Blueberry Muffins, Mixed Fruit &

Parent Breakfast - Ham Biscuits

Lunch - Oriental Chicken w/Rice & Vegetables, Diced Peaches & Milk

3pm Snack – Goldfish Crackers

Parent Breakfast - Chefs Choice

### TUESDAY 11/4

Breakfast - French Toast, Applesauce & Milk

Lunch - Turkey Stroganoff w/Noodles, Zipper Peas, Diced Pears & Milk

3pm Snack - Fresh Apple Slices

# WEDNESDAY 11/5

Breakfast - Cheese Biscuits, Applesauce & Milk Parent Breakfast - Banana Choc Chip Muffins Lunch - Chicken & Broccoli Alfredo, Mixed Fruit & Milk

3pm Snack - Frozen Yogurt

### THURSDAY 11/6

Breakfast - Cheese Grits, Diced Peaches & Milk Parent Breakfast - Cranberry Muffins

Lunch - Italian Chicken & Broccoli w/Pasta, Diced Pears & Milk

3pm Snack - Cheese & Crackers

# FRIDAY 11/7

Breakfast - Waffles, Mandarin Oranges & Milk

Parent Breakfast - Cheese Biscuits

Lunch - Fish Nuggets, Tater Tots, Pineapple Tidbits & Milk

3pm Snack - Pretzels

# **NOVEMBER 10 - 14**

# **MONDAY 11/10**

Breakfast - Oatmeal, Applesauce & Milk

Parent Breakfast - Peach Muffins

Lunch - Chicken & Sausage Paella, Zipper Peas Diced Peaches & Milk

3pm Snack - Animal Crackers

# **TUESDAY 11/11**

Breakfast - Pancakes, Mandarin Oranges &

Parent Breakfast - Cheddar Bay Biscuits Lunch - Sloppy Joe, String Beans, Pineapple Tidbits & Milk

3pm Snack - Frozen Yogurt

Breakfast - Blueberry Muffins, Diced Pears &

Parent Breakfast - Chefs Choice

Lunch - Chefs Choice, California Mixed Vegetables, Mixed Fruit & Milk

3pm Snack - Fresh Apple Slices

# THURSDAY 11/13

Breakfast - Cheese Grits w/Ham, Diced Peaches

Parent Breakfast - Ham Biscuits

Lunch - Chicken Cordon Bleu, Broccoli, Pineapple Tidbits & Milk

3pm Snack - Goldfish Crackers

### **FRIDAY 11/14**

Breakfast - French Toast, Applesauce & Milk

Parent Breakfast - Banana Muffins

Lunch - Fish Nuggets, Tater Tots, Diced Pears

3 pm snack - Vanilla Wafers

# **NOVEMBER 17 - 21**

### **MONDAY 11/17**

Breakfast - Pancakes, Mandarin Oranges & Milk

Parent Breakfast - Chefs Choice

Lunch - Beef Nuggets, String Beans, Mixed Fruit & Milk

3pm Snack – Cheese & Crackers

# **TUESDAY 11/18**

Breakfast - Cheese Biscuits, Applesauce & Milk

Parent Breakfast - Applesauce Muffins

Lunch - Chicken & Sausage\* Tetrazzini, Zipper Peas, Diced Peaches & Milk

3pm Snack - Fresh Apple Slices

# WEDNESDAY 11/19

Breakfast - Oatmeal, Diced Pears & Milk

Parent Breakfast - Ham Biscuits

# Lunch - Infant 2-K2 Thanksgiving Feast

Lunch - Chicken Nuggets, Tater Tots, Mixed Fruit & Milk

3pm Snack - Goldfish Crackers

### THURSDAY 11/20

Breakfast - Cheese Grits, Pineapple Tidbits &

Parent Breakfast - Blueberry Muffins

# Lunch - K3-K4 Thanksgiving Feast

Lunch - Chicken Nuggets, Mashed Potatoes Diced Peaches & Milk

3pm Snack - Pretzels

# **MONDAY 11/24**

Parent Breakfast - Ham & Cheese Biscuits

Lunch - Italian Chicken & Pasta, Broccoli,

Breakfast - Cheese Grits & Ham, Mixed Fruit& Milk

Parent Breakfast - Peach Muffins

3pm Snack - Frozen Yogurt

Breakfast - Oatmeal, Mandarin Oranges & Milk.

Parent Breakfast - Chefs Choice

Lunch - Chicken Pilaf, Zipper Peas, Pineapple Tidbits & Milk

# ALL CENTERS CLOSE AT 3:00 PM

### THURSDAY 11/27

HAPPY THANKSGIVING

ALL CENTERS CLOSED



# \*Please note, the sausage being served is smoked turkey sausage

\*\* Please remember to send in a substitute if there is something on the menu your child cannot eat due to allergies or other food restrictions. All substitutes need to be checked in at the front desk and must be nut free!



Breakfast - Waffles, Mandarin Oranges & Milk

Parent Breakfast - Cheese Biscuits

Lunch - Chicken Spaghetti, String Beans, Diced Pears & Milk

3pm Snack - Frozen Yogurt

### **NOVEMBER 24 - 28**

Breakfast - French Toast, Applesauce & Milk

Diced Peaches & Milk

# 3pm Snack - Cheese & Crackers

# TUESDAY 11/25

Lunch - Cheese Pizza, String Beans, Diced Pears & Milk

# WEDNESDAY 11/26

ALL CENTERS CLOSED

FRIDAY 11/28

Johnny and Catherine Lee

# **ECHO Canned Food Drive**

November 2014

To Our Growing Room Family,

Beginning November 3rd Growing Room will be partnering with ECHO Tallahassee-Emergency Care and Health Organization. ECHO's outreach ministry serves people in crisis and poverty in Leon County. Please bring in canned goods by November 18th. A box will be set up in the lobby for you to drop off donations.



# **Thanksgiving Luncheons**

It is with much love and gratitude that we celebrate Thanksgiving at Growing

Room. All of our Growing Room families have touched our lives in many ways

In addition to our amazing families, we are blessed with the best staff! Many

and provide the very best care and education for your children.

We hope everyone has a very Happy Thanksgiving!

and we are forever grateful for the opportunity to make a difference in your lives.

thanks to our wonderful teachers, cooks, and administrative staff as they create

Love and Learning: The Growing Room Way

Our Infant 2-K4 classrooms will host a family Thanksgiving meal. We hope you will join us as we bring parents, children and our staff members together to give thanks for all of our blessings. Please look for a sign-up sheet on your child's classroom door.

Infant 2 -K2: November 19th at 11:30 and K4C at Growing Room 2 K3 - K4: November 20th at 12:00



# Extra Curricular Activities

© Dance

www.GrowingRoomChildCare.com

- ©Junior Gym
- ©Jingle Jam
- ©Jellybeaners— **Young Actors** Studio
- © Playball

Sign Up Today!

# **Our Partners**



march







Character Education in October

Your child will learn through character education books, teacher modeling and positive reinforcement. Your child will learn:

- How to be compassionate and empathetic towards others
- To be kind, loving and considerate of others
- To give to others
- To be thankful and express gratitude for what others do

**Book Samples:** 

Manners at the Table by Carrie Finn What is Thanksgiving? By Michelle Medlock Adams Thanks for Thanksgiving by Julie Markes

# **Vote for Your Favorites**



Voting is currently underway for the Tally Awards! The Tally Awards are The People's Choice for Tallahassee's Favorite Businesses. We are so appreciative to have been nominated again this year.

We would love your vote in the **Child Care** category under **Service Provider**. To vote visit www.tallyawards.com/vote. You can sign in through your Facebook account to cast your vote or vote directly through the Tally Awards website. It is that easy!

> Thank you for helping us raise the bar in early child development!

# march of dimes

# **Big Bend Division Local Ambassador Family Search**

The March of Dimes of the Big Bend is looking for a local family to serve as their ambassador family for the 2015 March for Babies.

Below are the qualifications for candidates:

- The March of Dimes must have played some role (through research, community service, advocacy, public education, etc.) in the child's personal story/survival
- The child and his or her parent(s) must be able to represent the March of Dimes at Chapter events and volunteer meetings, as well as with all types of media outlets
- The child should have a basic understanding of his or her story and be able to say a few words about it
- The child should be between the ages of four to seven
- The child and family members must be friendly and outgoing enough to engage and inspire leaders and volunteers at all levels

If you or someone you know would like to submit an application for the Big Bend Division Local Ambassador Program, please stop by the front desk and pick up an application.

# **Helpful Parent Reminders**

November 7	Spirit Day Friday
November 10	March of Dimes Share Day at Red Elephant
November 11	Veteran's Day—Wear Red, White and Blue
November 14	Spirit Day Friday
November 17	Come to School Dressed as a Pilgrim or Indian
November 17	World Prematurity Awareness Day—Wear Purple
November 19	Infant 2—K2 Thanksgiving Feast, 11:30 a.m.
November 20	K3-K4 Thanksgiving Feast, 12:00 p.m.
November 21	Spirit Day Friday
November 22	Night Owl
November 26	Thanksgiving Parade
November 26	All Centers Close at 3:00 p.m.
November 27-28	Thanksgiving Holiday—ALL CENTERS CLOSED

# TO ALL OF OUR FAMILIES WHO CELEBRATE BIRTHDAYS IN **NOVEMBER**, WE WISH YOU A VERY HAPPY DAY!

# "Making a Difference Employee" for November

Growing Room 1 Ms. Shaluxius Hollinger-Burton

K3A Para Pro

Ms. Shaluxius is an awesome employee! She is dedicated to providing excellent care to her students. Ms. Shaluxius is dependable and always has smile on her face. She is a great asset to our Growing Room family.

> Thank you Ms. Shaluxius Making a Difference!

Growing Room 2 Ms. Mary Joyce Friends Infant 1A Para Pro

Ms. Mary Joyce started with Growing Room in 2011, while she was in high school, helping at the front desk. She worked her way up to a full-time position in the infant room where she has

> Thank you Ms. Mary Joyce Making a Difference!

blossomed into a wonderful, loving infant

teacher.

Growing Room 3 Ms. Bri Nix Infant 1A Para Pro

Ms. Bri has been with Growing Room for almost two years. During that time she has worked with many different ages. In August, Ms. Bri began working in our Infant 1A classroom full-time. She is wonderful with the babies, always willing to do whatever is asked of her, and is a true asset to our center!

> Thank you Ms. Bri Making a Difference!

# Are you receiving our emails?



Welcome to all of our new families! Email is a valuable way for us to stay in touch with you! If you are not receiving our emails

info@GrowingRoomChildCare.com

to your address book and send us an email to ensure you are on our list.

We promise not to fill up your inbox with junk mail! We just want to ensure you know what is going on around the center and in your child's class.

# **NIGHT OWL** Saturday, November 22nd



5:30-11:00 p.m. **Growing Room 3** 

\$40.00 for the first child \$20.00 for each sibling Minimum of 18 children

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