# April Menu

# APRIL 1-3

# WEDNESDAY 4/1

Breakfast - French Toast, Applesauce & Milk Parent Breakfast - Blueberry Muffins

Lunch - Meatballs & Spaghetti, String Beans, Diced Peaches & Milk

3pm Snack – Fresh Apple Slices

# THURSDAY 4/2

Breakfast - Oatmeal, Pineapple Tidbits & Milk Parent Breakfast - Ham Biscuits

Lunch - Oriental Chicken w/Rice & Vegetables, Mixed Fruit & Milk

3pm Snack – Frozen Yogurt

# FRIDAY 4/3

Breakfast - Waffles, Applesauce & Milk

Parent Breakfast - Cranberry Muffins Lunch - BBO Chicken w/Rice, Green Peas,

Diced Pears & Milk

# 3pm Snack - Easter Party

# **APRIL 6 - 10**

# MONDAY 4/6

Breakfast - Cheese Grits, Mandarin Oranges &

Parent Breakfast - Chefs Choice

Lunch - Fish Nuggets, Tater Tots, Pineapple Tidbits & Milk

Snack - Goldfish Crackers

# TUESDAY 4/7

Breakfast - Cheese Biscuits, Mixed Fruit & Milk

Parent Breakfast - Peach Muffins

Lunch - Chicken Nuggets, Mashed Potatoes, Diced Peaches & Milk

3pm Snack - Goldfish Crackers

### WEDNESDAY 4/8

Breakfast - Cheese Grits w/Ham, Pineapple Tidbits & Milk

Parent Breakfast - Cheese Biscuits

Lunch - Italian Chicken & Broccoli w/ Pasta, Diced Pears & Milk

3pm Snack - Cheese & Crackers

# THURSDAY 4/9

Breakfast – Pancakes, Applesauce & Milk

Parent Breakfast - Banana Muffins

Lunch - Baked Chopped Steak, String Beans, Mixed Fruit & Milk

3pm Snack - Vanilla Wafers

# FRIDAY 4/10

Breakfast - Oatmeal, Mandarin Oranges & Milk Parent Breakfast - Chefs Choice

Lunch - Chicken Spaghetti, Green Peas, Diced Peaches & Milk

3pm Snack - Apple Slices

# APRIL 13 - 17

# MONDAY 4/13

Breakfast - French Toast, Pineapple Tidbits &

Parent Breakfast - Chefs Choice

Lunch - Chicken Pilaf, Zipper Peas, Dice Pears

3pm Snack - Goldfish Crackers

### TUESDAY 4/14

Breakfast - Waffles, Applesauce & Milk Parent Breakfast - Cranberry Muffins

# Lunch - Parent Pot Luck, 11:30 a.m.

3pm Snack - Animal Crackers

# WEDNESDAY 4/15

Breakfast - Cheese Grits, Mandarin Oranges & Milk

Parent Breakfast - Ham Biscuits

Lunch - Chicken & Pasta Primavera, Diced Pears & Milk

3pm Snack - Cheese & Crackers

# THURSDAY 4/16

Breakfast - Pancakes, Applesauce & Milk

Parent Breakfast - Chefs Choice

Lunch - BBO Chicken w/Rice, String Beans, Pineapple Tidbits & Milk

3pm Snack - Pretzels FRIDAY 4/17

# 7:30-8:30 a.m., Breakfast with your child

Breakfast - Assorted Muffins, Doughnuts & Danish, Diced Pears & Milk

Parent Breakfast - Peach Muffins

Lunch - Italian Chicken & Pasta, Mixed Fruit &

3pm Snack - Apple Sliced

### **APRIL 20 - 24**

# MONDAY 4/20

Breakfast - French Toast, Pineapple Tidbits &

Parent Breakfast - Cheese Biscuits

Lunch - Cheese Pizza, Dice Peaches & Milk

3pm Snack - Vanilla Wafers

# TUESDAY 4/21

Breakfast - Peach Muffins, Applesauce & Milk Parent Breakfast - Cheddar Bay Biscuits

Lunch - BBQ Chicken w/Rice, Green Peas, Mixed Fruit & Milk

3pm Snack - Goldfish Crackers

# WEDNESDAY 4/22

Breakfast - Pancakes, Mandarin Oranges & Milk Parent Breakfast - Chocolate Chip Muffins Lunch - Italian Meat Sauce & Spaghetti, String Beans, Diced Pears & Milk

3pm Snack - Apple Slices

\*\* Please remember to send in a substitute if there is something on the menu your child cannot eat due to allergies or other food restrictions. All substitutes need to be checked in at the front desk and must be nut free!

# THURSDAY 4/23

3 pm Snack - Cheese & Crackers

Breakfast - Waffles, Diced Pears & Milk

Lunch - Turkey Stroganoff w/Noodles, Green Peas,

# APRIL 27 - 30

# **MONDAY 4/27**

Breakfast - Oatmeal, Mandarin Oranges & Milk

Parent Breakfast - Cheese Biscuits

Lunch - Chicken Nuggets, Mashed Potatoes,

Breakfast - French Toast, Mandarin Oranges &

Parent Breakfast - Blueberry Muffins

Lunch - Cheese Tortellini, String Beans, Mixed Fruit & Milk

# WEDNESDAY 4/29

Lunch - Cheesy Macaroni w/Vegetables & Smoked Sausage, Diced Pears & Milk

3pm Snack - Cheese & Crackers

# THURSDAY 4/30

Breakfast - Pancakes, Pineapple Tidbits & Milk

Parent Breakfast - Banana Muffins

Diced Peaches & Milk

3pm Snack - Goldfish Crackers



\*\* Sausage being served is turkey sausage

Breakfast - Cheese Grits w/Ham, Diced Peaches &

Parent Breakfast - Banana Muffins

Lunch - Chicken & Broccoli Alfredo, Pineapple Tidbits & Milk

# FRIDAY 4/24

Parent Breakfast - Chefs Choice

Diced Peaches & Milk

3pm Snack - Animal Crackers

Pineapple Tidbits & Milk

3pm Snack - Frozen Yogurt

# **TUESDAY 4/28**

3pm Snack - Apple Slices

Breakfast - Cheese Biscuits, Applesauce & Milk

Parent Breakfast - Chefs Choice

Lunch - Chicken & Sausage Paella, Zipper Peas,



# Growing Room News Loving and Learning The Growing Room Way.

**April 2015** 

www.GrowingRoomChildCare.com

Extra Curricular

Activities

# March for Babies 2015

# Saturday, April 25th, Tom Brown Park

We hope you will join us for the March for Babies on April 25th! It will be a fun day filled with lots of activities for the kids all while supporting a great cause. We had a great turnout last year and are looking forward to an even bigger group this year! Don't forget to purchase your team Growing Room t-shirts from the front desk. Thanks to our generous sponsors, 100% of the t-shirt sales will go directly to the March of Dimes!

We set a goal to raise \$7,000 between the three centers. As of April 1st we have raised approximately \$1,200. We have lots of fun things planned this month to help us reach our goal. The week of **April 6-10** will be our annual **CHANGE DRIVE**. This is a very fun week for the children as they are competing to win an **ice cream party** for the class who brings in the most change! In addition to the change drive, we will be holding bake sales, Mini Sessions with Eppes Photography and a class competition. Each classroom has a goal to raise \$250. Those classes who reach their goal will get a **pizza party!** Any donation, big or small, can help us reach our goal!

# ©Jingle Jam ©Jellybeaners—

Studio © Playball

© Dance

©Junior Gym

Sign Up Today!

Young Actors

# THANK YOU **Easter Egg Hunts Growing Room Families!** & Spring Parties

Friday, April 3rd

Morning Egg Hunts -

Check with your center on the time for the egg hunts

Spring Parties -

Preschool—3:00 p.m.

School-Age-3:30 p.m.

\*Please send in one bag of age appropriate

candy and one dozen plastic eggs for the egg

hunt if you have not done so already. All candy

must be peanut free. Examples of candy that do

not contain peanut products are: Skittles,

Starbursts, Nerds, Laffy Taffy, Sweet Tarts, Air

Heads, Spree, Dots



We want to extend a big thank you to all of our amazing families for making our teachers and staff feel so appreciated and loved during Teacher Appreciation Week. We loved receiving the cards, flowers and treats each day. You all went above and beyond on the pot luck lunch. It was delicious and it was very nice to be able to eat with fellow co-workers. We are truly blessed with the BEST families!

# **Our Partners**



of dimes march





# Character Education in April RESPONSIBILITIES







When children learn to accept responsibility, they gain confidence, feel more worthwhile and enjoy being recognized as responsible.

Your child will learn through the use of Character Education Books, videos, Character Critters, teacher modeling, and positive reinforcement!

As part of their learning process, the children will learn:

- what are responsibilities
- to think before acting
- to do what they say they will do

Growing Room is excited to be partnering with Live the Life!

Mark your calendars for

# Marriage "101"

April 25th 6:30 p.m.—9:30 p.m.

This is the second year in a row we are teaming up to make this class available to our families. This three-hour workshop is designed to help couples develop skills for building a strong, vibrant marriages. Several Growing Room staff and employees attended last year and the feedback we received was that it was very beneficial to their marriage!

For more information please refer to www.livethelife.org/marriage101

\*Class is offered on the same night as Night Owl

# Eppes Photography

March of Dimes Mini Sessions \$150 includes: 20 minute session & 5 digital images

Saturday, April 11th, 2015 at Dorothy B Oven Park

Help Growing Room exceed their \$7,000 goal! 100% of the session (\$100) will go towards the March for Babies on behalf of Growing Room.

What better way to support Growing Room's team, and a great foundation, than with a portrait of your very own little miracle (and family)?

Contact Staci at stacieppes@gmail.com or 561-628-4839



# **Helpful Parent Reminders**

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April 3	Spirit Day Friday
April 10	Spirit Day Friday
April 13-17	The Week of the Young Child
April 13-17	Parent Reading Week—Come Read to Your Child's Class
April 14	
April 14	Parent Pot Luck Lunch, 11:30 a.m.
April 15	
April 15	Bring in Something Purple for Show and Tell
April 17	Breakfast with Your Child Day, 7:30 a.m. – 8:30 a.m.
April 17	Spirit Day Friday
April 22	Earth Day
April 25	Night Owl
	Special Guest: How to Plant a Garden

# TO ALL OF OUR FAMILIES WHO CELEBRATE BIRTHDAYS IN APRIL, WE WISH YOU A VERY HAPPY DAY!

# "Making a Difference Employee" for April

Growing Room 1 Ms. Virginia Norwood K3C Lead Growing Room 2 Ms. Christy Alley 1A Para Pro Growing Room 3 Ms. Holly Wayland Toddler Lead

Ms. Virginia is an awesome employee and exceptional educator! She is enthusiastic about preparing her children for VPK. She is a definite asset to our Growing Room Family. We love you, Ms. Virginia!

Thank you Ms. Virginia for Making a Difference!

Ms. Christy is wonderful with the babies! She is patient and kind to everyone she works with. Ms. Christy brings great knowledge of children and care giving into her classroom.

We are so thankful to have Ms.

Christy on our team!

Thank you Ms. Christy for Making a Difference! Ms. Holly was recently promoted to the lead teacher position in our toddler classroom. She is quiet and soft spoken, but has a wonderful way with the children. Ms. Holly has done a wonderful job and we are so blessed to have her as part of our Growing Room family!

Thank you Ms. Holly for Making a Difference!

# Are you receiving our emails?



Welcome to all of our new families! Email is a valuable way for us to stay in touch with you! If you are not receiving our emails please add

# info@GrowingRoomChildCare.com

to your address book and send us an email to ensure you are on our list.

We promise not to fill up your inbox with junk mail! We just want to ensure you know what is going on around the center and in your child's class.

# NIGHT OWL Saturday, April 25th



5:30-11:00 p.m. Growing Room 3

\$40.00 for the first child \$20.00 for each sibling Minimum of 18 children

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