November Menu

NOVEMBER 2 - 6

MONDAY 11/2

Breakfast - Blueberry Muffins, Mixed Fruit & Milk

Lunch - Oriental Chicken w/Rice & Vegetables, Diced Peaches & Milk 3pm Snack – Goldfish Crackers

TUESDAY 11/3

Breakfast - French Toast, Applesauce & Milk Lunch - Turkey Stroganoff w/Noodles, Purple Hull Peas, Diced Pears & Milk

3pm Snack - Fresh Apple Slices

WEDNESDAY 11/4

Breakfast - Cheese Biscuits, Pineapple Tidbits & Milk

Lunch - Baked Chopped Steak, String Beans, Mixed Fruit & Milk

3pm Snack - Frozen Yogurt

THURSDAY 11/5

Breakfast - Cheese Grits, Diced Peaches & Milk

Lunch - Italian Chicken & Broccoli w/Pasta, Diced Pears & Milk

3pm Snack - Cheese & Crackers

FRIDAY 11/6

Breakfast - Waffles, Mandarin Oranges & Milk

Lunch - Fish Nuggets, Tater Tots, Pineapple Tidbits & Milk

3pm Snack - Vanilla Wafers

NOVEMBER 9 - 13

MONDAY 11/9

Breakfast - Oatmeal, Applesauce & Milk Lunch - Steak Nuggets, Mashed Potatoes, Diced Peaches & Milk

3pm Snack - Animal Crackers

TUESDAY 11/10

Breakfast - Pancakes, Mandarin Oranges & Milk

Lunch - Sloppy Joe, String Beans, Pineapple Tidbits & Milk

3pm Snack - Frozen Yogurt

WEDNESDAY 11/11

Breakfast - Blueberry Muffins, Diced Pears & Milk

Lunch - Chicken & Sausage Paella, Purple Hull Peas, Mixed Fruit & Milk

3pm Snack - Fresh Apple Slices

THURSDAY 11/12

Breakfast - Cheese Grits, Diced Peaches & Milk

Lunch - Chicken Cordon Bleu, Broccoli, Mixed Fruit & Milk

3pm Snack - Goldfish Crackers

FRIDAY 11/13

Breakfast - French Toast, Applesauce & Milk Lunch - BBQ Chicken & Rice, String Beans, Diced Pears & Milk

3 pm snack - Vanilla Wafers

NOVEMBER 16 - 20

MONDAY 11/16

Breakfast - Pancakes, Mandarin Oranges & Milk

Lunch - Chicken Pilaf, String Beans, Mixed Fruit & Milk

3pm Snack - Cheese & Crackers

TUESDAY 11/17

Breakfast - Cheese Biscuits, Applesauce & Milk

Lunch - Chicken & Sausage Tetrazzini, Zipper Peas, Diced Peaches & Milk

3pm Snack - Fresh Apple Slices

WEDNESDAY 11/18

Breakfast - Oatmeal, Diced Pears & Milk Lunch - Chicken Nuggets, Tater Tots, Pineapple Tidbits & Milk

Lunch (11:00) - Thanksgiving Feast

Infants-K2

3pm Snack - Goldfish Crackers

THURSDAY 11/19

Breakfast - Cheese Grits, Applesauce & Milk

Lunch (11:30)- Thanksgiving Feast

K3-K4

Lunch - Chicken Nuggets, Mashed Potatoes Diced Peaches & Milk

3pm Snack - Pretzels

FRIDAY 11/20

Breakfast - Waffles, Mandarin Oranges & Milk

Lunch - Chicken & Pasta Primavera, Diced Pears & Milk

3pm Snack - Frozen Yogurt

** Please remember to send in a substitute if there is something on the menu your child cannot eat due to allergies or other food restrictions. All substitutes need to be checked in at the front desk and must be nut free!

** Sausage being served is turkey sausage

OVEMBER 23 - 27

MONDAY 11/23

Breakfast - French Toast, Applesauce & Milk

Lunch - Italian Chicken & Pasta, Broccoli, Diced Peaches & Milk

3pm Snack - Cheese & Crackers

TUESDAY 11/24

Breakfast - Cheese Grits & Ham, Mixed Fruit & Milk

Lunch - Cheese Pizza, String Beans, Diced Pears & Milk

3pm Snack - Frozen Yogurt

WEDNESDAY 11/25

Breakfast - Oatmeal, Mandarin Oranges & Milk Lunch - Steak Nuggets, Tater Tots, Pineapple Tidbits & Milk

3pm Snack - ALL Centers Close at 3:00

THURSDAY 11/26

HAPPY THANKSGIVING ALL CENTERS CLOSED

FRIDAY 11/27

ALL CENTERS CLOSED

NOVEMBER 30

MONDAY 11/30

Breakfast - Waffles, Diced Peaches & Milk Lunch - Chicken Nuggets, Tater Tots, Diced Pears & Milk

3pm Snack - Goldfish Crackers



Growing Room News Loving and Learning The Growing Room Way,

November 2015

www.GrowingRoomChildCare.com

Happy Thanksgiving

To our Amazing Growing Room Tallahassee Family:

It is that time of year when we all reflect on how blessed we are in our lives. As we think about our many blessings, our Growing Room family makes up a huge, wonderful part of that. We are so grateful to have you all in our lives and to have the opportunity to care for and love your children each day! Not only do we have the most amazing families here at Growing Room, but we have an awesome staff of talented, loving teachers, cooks and administrators!

With a heart full of love and appreciation for you all, we wish you a Happy and Blessed Thanksgiving!



Extra Curricular Activities

- © Dance
- ©Junior Gym
- ©Jingle Jam
- ©Jellybeaners— Young Actors Studio
- © Playball

Sign Up Today!

ECHO Canned Food Drive

Johnny & Catherine Lee

Beginning November 9th Growing Room will be partnering with ECHO Tallahassee—Emergency Care and Health Organization. ECHO's outreach ministry serves people in crisis and poverty in Leon County. Please bring in canned goods by November 13th. A box will be set up in the lobby for you to drop off donations.







Thanksgiving Luncheons

Our Infant -K4 classrooms will host a family Thanksgiving meal. We hope you will join us as we bring parents, children and our staff members together to give thanks for all of our blessings. Please look for a sign-up sheet on your child's classroom door.

Infants—K2: November 18th at 11:00 K3 – K4: November 19th at 11:30



Our Partners



march of dimes







Character Education in October

Being Thankful & Careful



Your child will learn through character education, books, teacher modeling and positive reinforcement. Your child will learn:

- How to be compassionate and empathetic towards others
- To be kind, loving and considerate of others
- To give to others
- To be thankful and express gratitude for what others do

Vote for Your Favorites



Voting is currently underway for the Tally Awards! The Tally Awards are The People's Choice for Tallahassee's Favorite Businesses. We are appreciative to have been nominated again this year.

We would love your vote in the **Child Care** category under Service Provider. To vote visit www.tallyawards.com/vote. You can sign in through your Facebook account to cast your vote or vote directly through the Tally Awards website. It is that easy!

> Thank you for helping us raise the bar in early child development!





















Helpful Parent Reminders

November 2-6	Parent Reading Week
November 2-6	Donate a Book to Our Classroom Library
	Come Dressed as Your Favorite Story Book Character Book Character Parade
November 6	Spirit Day Friday
November 9-13	
November 13	Spirit Day Friday
November 18	Infant 2-K2 Thanksgiving Luncheon, 11:00 a.m.
November 19	K3-K4 Thanksgiving Luncheon, 11:30 a. <mark>m.</mark>
November 20	Spirit Day Friday
November 21	Night Owl
November 25	All Centers Close at 3:00 p.m.
November 26-27	Thanksgiving Holidays

TO ALL OF OUR FAMILIES WHO CELEBRATE BIRTHDAYS IN **NOVEMBER, WE WISH YOU A VERY HAPPY DAY!**

"Making a Difference Employee" for November

Growing Room 1 Ms. Rachel Thurman Toddler Para Pro

Ms. Rachel works mainly in our Toddler classroom, but is willing to help out in ALL classes. She has exceptional classroom management skills and loves working with all ages. We are blessed to have Ms. Rachel as part of our Growing Room Family!

> Thank you Ms. Rachel for Making a Difference!

Growing Room 2 Ms. Claudia Garrett Floater

Ms. Claudia is amazing! She can teach any age group and is always willing to jump in wherever she can help! We are so lucky to have Claudia working with our children!

> Thank you Ms. Claudia for Making a Difference!

Growing Room 3 Ms. Sharlene Oliver Infant 1B Para Pro

Ms. Sharlene is quiet but loves the babies. She is a team player and a very hard worker. Ms. Sharlene is a great asset to our Infant 1B team!

> Thank you Ms. Sharlene for Making a Difference!

Thank you to everyone who voted for Growing Room in the Tallahassee Magazine's Best of Tallahassee Awards! We were honored to win this award for the THIRD year in a row.

We want to send a big thank you to our amazing teachers, administrative staff and cooks. Without you we would not be the "best" child care center in town! Our top notch staff is truly what sets us apart from the other centers in Tallahassee!

We love you all and appreciate you very much!

NIGHT OWL Saturday, November 21st



5:30-11:00 p.m. **Growing Room 3**

\$40.00 for the first child \$20.00 for each sibling Minimum of 18 children

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