# August Menu

#### AUGUST 1 - 5

#### MONDAY 8/1

Breakfast - Pancakes, Mandarin Oranges & Milk

Lunch - Chicken & Broccoli Alfredo with Pasta, Diced Pears & Milk 3pm Snack – Animal Crackers

#### **TUESDAY 8/2**

Breakfast - Blueberry Muffins, Diced Peaches & Milk

Lunch - Chicken Etouffee & Rice, Purple Hull Peas, Mixed Fruit & Milk 3pm Snack - Frozen Yogurt

#### WEDNESDAY 8/3

Breakfast - French Toast, Pineapple Tidbits & Milk

Lunch - BBQ Turkey Sliders, Green Beans, Diced Peaches & Milk 3pm Snack - Cheese & Crackers

#### **THURSDAY 8/4**

Breakfast - Oatmeal, Applesauce & Milk Lunch - Chicken Spaghetti, White Acre Peas, Mixed Fruit & Milk 3pm Snack - Vanilla Wafers FRIDAY 8/5

Breakfast - Waffles, Mixed Fruit & Milk Lunch - Chefs Choice, Diced Pears & Milk 3pm Snack - Goldfish Crackers

#### **AUGUST 8 - 12**

#### MONDAY 8/8

Breakfast - Waffles, Applesauce & Milk Lunch - Chicken Nuggets, Mashed Potatoes, Diced Peaches & Milk

3pm Snack - Pretzels

#### **TUESDAY 8/9**

Breakfast – Oatmeal, Pineapple Tidbits & Milk

Lunch - Italian Chicken & Broccoli with Pasta, Diced Pears & Milk 3pm Snack - Frozen Yogurt

#### WEDNESDAY 8/10

Breakfast - Cheese Grits, Mandarin Oranges & Milk

Lunch - Smoked Sausage & Pasta Primavera, Mixed Fruit & Milk 3pm Snack - Goldfish Crackers

#### THURSDAY 8/11

Breakfast - French Toast, Applesauce & Milk Lunch - Steak Nuggets, Tater Tots, Pineapple Tidbits & Milk 3pm Snack - End of Summer Party

#### FRIDAY 8/12

All Centers Closed Teacher Planning Day

#### **AUGUST 15 - 19**

#### MONDAY 8/15

Breakfast - Waffles, Pineapple Tidbits & Milk

Lunch - Oriental Chicken with Rice & Vegetables, Diced Peaches & Milk 3pm Snack – Animal Crackers

#### **TUESDAY 8/16**

Breakfast - Blueberry Muffins, Diced Pears & Milk

Lunch - Turkey Stroganoff with Pasta, Green Peas & Carrots, Mixed Fruit & Milk 3pm Snack - Frozen Yogurt

#### WEDNESDAY 8/17

Breakfast - Cheese Grits, Applesauce & Milk Lunch - Beef & Broccoli w/Rice, Diced Pears & Milk

3pm Snack - Cheese & Crackers

#### THURSDAY 8/18

Breakfast - Oatmeal, Diced Peaches & Milk Lunch - Sloppy Joes, String Beans, Pineapple Tidbits & Milk 3pm Snack - Goldfish Crackers

#### **FRIDAY 8/19**

Breakfast - French Toast, Diced Pears & Milk

Lunch - Chicken & Sausage Paella, Purple Hull Peas, Mixed Fruit & Milk 3pm Snack - Vanilla Wafers

#### **AUGUST 22 - 26**

#### **MONDAY 8/22**

Breakfast - Cheese Grits, Applesauce & Milk Lunch - Cheese Tortellini, String Beans Diced Peaches & Milk 3pm Snack - Apple Slices

#### TUESDAY 8/23

Breakfast - Cheese Biscuits, Mandarin Oranges & Milk Lunch - Chicken & Sausage Tetrazzini, Broccoli, Diced Pears & Milk 3 pm Snack - Cheese & Crackers

## \*\* Please remember to send in a substitute if there is something on the menu your child cannot eat due to allergies or other food restrictions. All substitutes need to be checked in at the front desk and must be nut free!

\*\* Sausage being served is turkey sausage

#### WEDNESDAY 8/24

Breakfast – Banana Muffins, Diced Peaches & Milk

Lunch - Chicken Cordon Bleu, Butter Peas, Mixed Fruit & Milk

3pm Snack - Frozen Yogurt

#### THURSDAY 8/25

Breakfast - Oatmeal, Pineapple Tidbits & Milk

Lunch - BBQ Chicken & Rice, Purple Hull Peas Diced Pears & Milk

3pm Snack - Goldfish Crackers

#### FRIDAY 8/26

Breakfast - Waffles, Diced Pears & Milk Lunch - Meatballs & Spaghetti, Green Beans, Mixed Fruit & Milk 3pm Snack - Pretzels

#### **AUGUST 29 - 31**

#### **MONDAY 8/29**

Breakfast - French Toast, Pineapple Tidbits & Milk

Lunch - Chicken Nuggets, Mashed Potatoes, Diced Pears & Milk

3pm Snack - Vanilla Wafers

#### TUESDAY 8/30

Breakfast - Oatmeal, Mandarin Oranges & Milk

Lunch - Cheese Pizza, Green Beans, Diced Pears & Milk

3pm Snack - Goldfish Crackers

#### WEDNESDAY 8/31

Breakfast - Waffles, Applesauce & Milk Lunch - Fish Nuggets, Tater Tots, Pineapple Tidbits & Milk 3pm Snack - Animal Crackers



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