

October Menu

OCTOBER 3 - 7

MONDAY 10/3

Breakfast - Oatmeal, Diced Pears & Milk
Lunch - Italian Chicken & Broccoli w/Pasta, Diced Peaches & Milk
3pm Snack - Vanilla Wafers

TUESDAY 10/4

Breakfast - Cheese Grits, Diced Peaches & Milk
Lunch - Cheese Pizza, Green Beans, Diced Peas & Milk
3pm Snack - Animal Crackers

WEDNESDAY 10/5

Breakfast - Cheese Biscuits, Applesauce & Milk
Lunch - Chicken Cordon Bleu, Purple Hull Peas, Diced Peaches & Milk
3pm Snack - Frozen Yogurt

THURSDAY 10/6

Breakfast - French Toast, Mandarin Oranges & Milk
Lunch - Chicken & Sausage Paella, White Acre Peas, Pineapple Tidbits & Milk
3pm Snack - Apple Slices

FRIDAY 10/7

Breakfast - Waffles, Mandarin Oranges & Milk
Lunch - Fish Nuggets, Tater Tots, Pineapple Tidbits & Milk
3pm Snack - Goldfish Crackers

OCTOBER 10 - 14

MONDAY 10/10

Breakfast - French Toast, Diced Pears & Milk
Lunch - Cheese Tortellini, Green Beans, Diced Peaches & Milk
3pm Snack - Vanilla Wafers

TUESDAY 10/11

Breakfast - Blueberry Muffins, Applesauce & Milk
Lunch - Beef Nuggets, Mashed Potatoes, Mixed Fruit & Milk
3pm Snack - Goldfish Crackers

WEDNESDAY 10/12

Breakfast - Cheese Grits, Pineapple Tidbits & Milk
Lunch - Chicken Pilaf, Purple Hull Peas, Diced Pears & Milk
3 pm snack - Frozen Yogurt

THURSDAY 10/13

Breakfast - Oatmeal, Mandarin Oranges & Milk
Lunch - Chicken Etouffee & Rice, Butter Peas, Diced Peaches & Milk
3pm Snack - Pretzels

FRIDAY 10/14

Breakfast - Waffles, Diced Peaches & Milk
Lunch - Chicken Nuggets, Mashed Potatoes, Pineapple Tidbits & Milk
3pm Snack - Cheese & Crackers

OCTOBER 17 - 21

MONDAY 10/17

Breakfast - Cheese Biscuits, Applesauce & Milk
Lunch - Chicken Spaghetti, Green Beans, Diced Pears & Milk
3pm Snack - Goldfish Crackers

TUESDAY 10/18

Breakfast - Pancakes, Mixed Fruit & Milk
Lunch - Directors Choice, Diced Peaches & Milk
3pm Snack - Apple Slices

WEDNESDAY 10/19

Breakfast - Cheese Grits, Diced Pears & Milk
Lunch - Chicken & Sausage Tetrazzini, Purple Hull Peas, Pineapple Tidbits & Milk
3pm Snack - Frozen Yogurt

THURSDAY 10/20

Breakfast - Oatmeal, Mandarin Oranges & Milk
Lunch - Meat Sauce & Macaroni, Butter Peas, Diced Pears & Milk
3pm Snack - Cheese & Crackers

FRIDAY 10/21

Breakfast - French Toast, Diced Peaches & Milk
Lunch - Baked Chopped Steak, Mashed Potatoes, Mixed Fruit & Milk
3 pm Snack - Vanilla Wafers

OCTOBER 24 - 29

MONDAY 10/24

Breakfast - Banana Muffins, Applesauce & Milk
Lunch - Beef & Broccoli w/Rice, Diced Peaches & Milk
3pm Snack - Goldfish Crackers

TUESDAY 10/25

Breakfast - Pancakes, Pineapple Tidbits & Milk
Lunch - Chicken Sliders, Tater Tots, Diced Peas & Milk
3pm Snack - Apple Slices

WEDNESDAY 10/26

Breakfast - Cheese Grits, Diced Pears & Milk
Lunch - Meatballs & Spaghetti, Green Beans, Pineapple Tidbits & Milk
3pm Snack - Frozen Yogurt

THURSDAY 10/27

Breakfast - Oatmeal, Diced Peaches & Milk
Lunch - Oriental Chicken w/Vegetables & Rice, Diced Pears & Milk
3pm Snack - Animal Crackers

FRIDAY 10/28

Breakfast - French Toast, Mandarin Oranges & Milk
Lunch - Chicken Nuggets, Tater Tots, Mixed Fruit & Milk
3pm Snack - Cheese & Crackers

OCTOBER 31

MONDAY 10/31

Breakfast - Waffles, Diced Pears & Milk
Lunch - BBQ Chicken & Rice, Purple Hull Peas, Pineapple Tidbits & Milk
3pm Snack - Fall Class Parties

**** Please remember to send in a substitute if there is something on the menu your child cannot eat due to allergies or other food restrictions. All substitutes need to be checked in at the front desk and must be nut free!**

**** Sausage being served is turkey sausage**

