# December Menu

# DECEMBER 1 - 2

THURSDAY 12/1

Breakfast - Oatmeal, Applesauce & Milk Lunch - BBQ Chicken & Rice, Green Beans, Diced Pears & Milk

3pm Snack - Animal Crackers

FRIDAY 12/2

Breakfast - French Toast, Mandarin Oranges & Milk

Lunch - Chicken & Sausage Paella, Purple Hull Peas, Mixed Fruit & Milk 3pm Snack - Cheese & Crackers

## DECEMBER 5 - 9

**MONDAY 12/5** 

Breakfast - Banana Muffins, Applesauce &

Lunch - Italian Chicken & Broccoli w/Pasta, Diced Pears & Milk

3pm Snack - Fresh Apple Slices

TUESDAY 12/6

Breakfast - Cheese Grits, Diced Peaches &

Lunch - Steak Nuggets, Mashed Potatoes, Pineapple Tidbits & Milk 3pm Snack - Frozen Yogurt

WEDNESDAY 12/7

Breakfast - Pancakes, Mixed Fruit & Milk Lunch - Chicken Etouffee & Rice, Butter Peas, Diced Peaches & Milk 3pm Snack - Pretzels THURSDAY 12/8

Breakfast - Oatmeal, Mandarin Oranges &

Lunch - Chicken Sliders, Mashed Potatoes, Diced Peaches & Milk

3pm Snack - Cheese & Crackers

FRIDAY 12/9

Breakfast - Waffles, Applesauce & Milk Lunch - Fish Nuggets, Tater Tots, Pineapple Tidbits & Milk 3pm Snack - Goldfish Crackers

#### **DECEMBER 12 - 16**

**MONDAY 12/12** 

Breakfast - Peach Muffins, Pineapple Tidbits & Milk

Lunch - Chicken & Broccoli Alfredo w/ Pasta, Mixed Fruit & Milk 3 pm Snack - Vanilla Wafers

**TUESDAY 12/13** 

Breakfast - French Toast, Applesauce & Milk MONDAY 12/26 Lunch - Beef & Broccoli w/Rice, Diced Pears All Centers Closed

3pm Snack - Gold Fish Crackers

WEDNESDAY 12/14

Breakfast - Cheese Grits , Mandarin Oranges

Lunch - Turkey Stroganoff w/Pasta, Purple Hull Peas, Mixed Fruit & Milk 3pm Snack - Cheese & Crackers

THURSDAY 12/15

Breakfast - Oatmeal, Diced Peaches & Milk Lunch - Chicken Spaghetti, String Beans, Pineapple Tidbits & Milk 3pm Snack - Frozen Yogurt

FRIDAY 12/16

Breakfast - Waffles, Diced Pears & Milk Lunch - Baked Chopped Steak, Mashed Potatoes, Diced Peaches & Milk 3pm Snack - Animal Crackers

### **DECEMBER 19 - 23**

**MONDAY 12/19** 

Breakfast - Blueberry Muffins, Applesauce & Milk

Lunch - Chicken & Turkey Sausage Tetrazzini, Purple Hull Peas, Diced Peaches

3pm Snack - Pretzels **TUESDAY 12/20** 

Breakfast - Cheese Biscuits, Mandarin

Oranges & Milk Lunch - Meatballs & Spaghetti, String

Beans, Diced Pears, Milk 3pm Snack - Goldfish Crackers

WEDNESDAY 12/21

Breakfast - French Toast, Diced Peaches &

Lunch - Steak Nuggets, Mashed Potatoes, Pineapple Tidbits & Milk 3pm Snack - Vanilla Wafers

THURSDAY 12/22

Breakfast - Cheese Grits, Applesauce & Milk Lunch - Cheese Pizza, String Beans, Diced Pears & Milk

3pm Snack - Animal Crackers

FRIDAY 12/23

**All Centers Closed** 

#### **DECEMBER 26 - 30**

**TUESDAY 12/27** 

Breakfast - Waffles, Mandarin Oranges &

Lunch - Chicken Cordon Bleu, String Beans, Pineapple Tidbits & Milk

3pm Snack - Goldfish Crackers

WEDNESDAY 12/28

Breakfast - Cheese Grits, Applesauce & Milk Lunch - BBQ Chicken & Rice, Butter Peas, Diced Pears & Milk

3pm Snack - Pretzels

THURSDAY 12/29

Breakfast - French Toast, Pineapple Tidbits

Lunch - Pot Roast, Mashed Potatoes, Diced Peaches & Milk

3pm Snack - Animal Crackers

FRIDAY 12/30

Breakfast - Oatmeal, Diced Peaches & Milk Lunch - Chicken Nuggets, Tater Tots, Diced Pears & Milk

3pm Snack - Vanilla Wafers



\*\* Sausage being served is turkey sausage

# www.GrowingRoomChildCare.com

<sup>\*\*</sup> Please remember to send in a substitute if there is something on the menu your child cannot eat due to allergies or other food restrictions. All substitutes need to be checked in at the front desk and must be nut free!