

February Menu

Breakfast

Lunch

3:30 Snack

Wednesday, 2/1	Pancakes, Peaches & Milk	Turkey Sausage w/Broccoli & Pasta, Pineapple & Milk	Frozen Yogurt & Goldfish
Thursday, 2/2	Cheese Grits, Mixed Fruit & Milk	BBQ Turkey Sliders, String Beans, Pears & Milk	Apple Slices & Pretzels
Friday, 2/3	Blueberry Muffins, Mandarin Oranges & Milk	Spaghetti w/Meatballs, Broccoli, Peaches & Milk	Cheese & Crackers
Monday, 2/6	Waffles, Apples & Milk	Bean & Cheese Burrito, Salad w/ Ranch Dressing, Peaches & Milk	Apple Slices & Whole Grain Cheerios
Tuesday, 2/7	Grilled Cheese Toast, Pears & Milk	BBQ Chicken with Brown Rice, Field Peas w/ Snaps, Pineapple & Milk	Banana & Veggie Straws
Wednesday, 2/8	Banana Muffins, Applesauce & Milk	Pot Roast, Mashed Potatoes, Peas & Carrots, Mandarin Oranges & Milk	Whole Grain Cheerios w/ Craisins
Thursday, 2/9	Biscuit with Turkey Sausage Patty, Fruit & Milk	Turkey Sandwich, Salad w/ Ranch Dressing, Banana & Milk	Applesauce & Chex Mix
Friday, 2/10	Cheese Grits, Pears & Milk	Chicken Sliders, Purple Hull Peas, Mixed Fruit & Milk	Carrots with Ranch Dressing (Inf/Tods Frozen Peas &
Monday, 2/13	Breakfast Turkey, Whole Wheat Toast, Applesauce & Milk	Meatballs w/ Brown Rice, Broccoli, Oranges & Milk	Banana & Whole Grain Cheerios
Tuesday, 2/14	Yogurt cup with Peaches & Milk	Whole Wheat Cheese Quesadillas, Peas and Carrots, Pears & Milk	Valentines Day Party
Wednesday, 2/15	Grits with Turkey Sausage, Oranges & Milk	Chicken Spaghetti, Purple Hull Peas, Peaches & Milk	Fresh Fruit & Pretzels
Thursday 2/16	Blueberry Muffins, Pears & Milk	Baked Chopped Steak, Mashed Potatoes, Baby Lima Beans, Pineapple & Milk	Yogurt or Gogurt with Blueberries
Friday 2/17	Oatmeal, Peaches & Milk	Grilled Cheese Sandwich, Green Beans, Banana & Milk	Sliced Oranges & Animal Crackers
Monday 2/20	Banana Muffins, Apple Slices & Milk	Chicken Pilaf, Banana & Milk	Fresh Fruit & Cheese Cubes
Tuesday 2/21	Grilled Cheese Toast, Oranges & Milk	Chicken Nuggets, Green Peas, Tater Tots, Applesauce & Milk	Whole Grain Cheerios & Raisins
Wednesday 2/22	Whole Wheat Breakfast Wrap w/ Cheese and Turkey Sausage, Pineapple & Milk	BBQ Chicken Sliders, Field Peas w/ Snaps, Pears & Milk	Carrots with Ranch Dressing (Inf/Tods Frozen Peas & Carrots)
Thursday 2/23	Waffles, Applesauce & Milk	Meatballs w/ Brown Rice, Broccoli, Oranges & Milk	Raisins & Goldfish
Friday 2/24	Oatmeal, Peaches & Milk	Turkey-Ham Sandwich, Salad with Ranch Dressing, Pears & Milk	Apple Slices & Veggie Straws
Monday 2/27	Turkey Sausage Patty, Whole Wheat Toast, Banana & Milk	Cheese Tortellini, Baby Lima Beans, Pineapple & Milk	Cheese and Crackers
Tuesday 2/28	Banana Muffins, Peaches & Milk	Bean & Cheese Burrito on Whole Wheat Tortilla, Salad w/ Ranch Dressing, Oranges & Milk	Whole Grain Cheerios with Blueberries

- All canned fruit is stored in fruit juice and/or water (not syrup)
- Bread and tortillas are whole wheat
- Most vegetables are fresh/frozen (not canned)
- We are looking into serving more fresh/frozen fruit options

More new and improved menu items to come!

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