

# March Menu

	<b>Breakfast</b>	<b>Lunch</b>	<b>3:30 Snack</b>
<b>Wednesday 3/1</b>	Cheese Grits, Pears & Milk	Oriental Chicken with Brown Rice & Vegetables, Mandarin Oranges & Milk	Applesauce & Chex Mix
<b>Thursday 3/2</b>	Blueberry Muffin, Banana & Milk	Grilled Turkey & Cheese Sandwich, Carrots, Applesauce & Milk	Fresh Fruit & Gold Fish
<b>Friday 3/3</b>	Cheese Biscuits, Pears & Milk	Chicken Cordon Bleu, Green Beans, Mandarin Oranges & Milk	Yogurt with Blueberries/GoGurt with Craisins
<b>Monday 3/6</b>	Blueberry Muffin, Apples & Milk	Turkey Sandwich, Salad w/Ranch Dressing, Banana & Milk	Apple Slices & Veggie Straws
<b>Tuesday 3/7</b>	Biscuit with Turkey Sausage Patty, Fruit & Milk	Chicken Sliders, Purple Hull Peas, Mixed Fruit & Milk	Craisins & Carrots with Ranch Dressing (Inf/Tods Frozen Peas & Carrots)
<b>Wednesday 3/8</b>	Waffles, Applesauce & Milk	Pot Roast, Mashed Potatoes, Peas & Carrots, Mandarin Oranges & Milk	Banana & Goldfish
<b>Thursday 3/9</b>	Cheese Grits, Pears & Milk	Spaghetti with Meat Sauce, Green Beans, Peaches & Milk	Fresh Fruit & Pretzels
<b>Friday 3/10</b>	Banana Muffin, Apples & Milk	Whole Wheat Cheese Quesadillas, Salad w/Ranch Dressing, Pears & Milk	Whole Grain Cheerios w/ Craisins
<b>Monday 3/13</b>	Grilled Cheese Toast, Banana & Milk	Baked Chopped Steak, Mashed Potatoes, Butter Peas, Pineapple & Milk	Sliced Oranges & Animal Crackers
<b>Tuesday 3/14</b>	Pancakes, Peaches & Milk	Chicken Nuggets, Green Peas, Tater Tots, Applesauce & Milk	Banana & Whole Grain Cheerios
<b>Wednesday 3/15</b>	Whole Wheat Breakfast Wrap w/ Cheese & Turkey Sausage, Apples & Milk	BBQ Turkey Sliders, String Beans, Pears & Milk	Sliced Cucumbers w/Ranch Dressing & Craisins
<b>Thursday 3/16</b>	Oatmeal, Peaches & Milk	Meatballs w/ Brown Rice, Broccoli, Oranges & Milk	Fresh Fruit & Cheese Cubes
<b>Friday 3/17</b>	Blueberry Muffin, Banana & Milk	Bean & Cheese Burrito, Salad w/Ranch Dressing, Peaches & Milk	St. Patrick's Day Parties
<b>Monday 3/20</b>	Whole Wheat Toast, Turkey Sausage Patty, Fruit & Milk	BBQ Chicken with Brown Rice, Purple Hull Peas, Mandarin Oranges & Milk	Banana & Whole Grain Cheerios
<b>Tuesday 3/21</b>	Grilled Cheese Toast, Banana & Milk	Spaghetti w/Meatballs, Butter Peas, Peaches & Milk	Applesauce & Chex Mix
<b>Wednesday 3/22</b>	Waffles, Applesauce & Milk	Pot Roast, Mashed Potatoes, Peas & Carrots, Mandarin Oranges & Milk	Sliced Cucumbers w/Ranch Dressing & Craisins
<b>Thursday 3/23</b>	Cheese Grits, Pears & Milk	Chicken & Sausage Tetrazzini, Green Beans, Peaches & Milk	Cheese & Whole Wheat Crackers
<b>Friday 3/24</b>	Blueberry Muffin, Apples & Milk	Meatballs w/ Brown Rice, Butter Peas, Oranges & Milk	Yogurt/GoGurt & Goldfish
<b>Monday 3/27</b>	Biscuit with Turkey Sausage Patty, Fruit & Milk	Cheese Tortellini, Broccoli, Pineapple & Milk	Banana & Whole Grain Cheerios
<b>Tuesday 3/28</b>	Waffles, Applesauce & Milk	Whole Wheat Cheese Quesadillas, Peas and Carrots, Pears & Milk	Apple Slices & Chex Mix
<b>Wednesday 3/29</b>	Cheese Grits, Pears & Milk	Chicken Sliders, Purple Hull Peas, Mixed Fruit & Milk	Craisins & Carrots with Ranch Dressing (Inf/Tods Frozen Peas & Carrots)
<b>Thursday 3/30</b>	Oatmeal, Peaches & Milk	Chicken Spaghetti, Green Beans, Pears & Milk	Fresh Fruit & Cheese Cubes
<b>Friday 3/31</b>	Grilled Cheese Toast, Pears & Milk	Sloppy Joe, Butter Peas, Apples & Milk	Sliced Oranges & Animal Crackers

- All canned fruit is stored in fruit juice and/or water (not syrup)
- Bread and tortillas are whole wheat
- Most vegetables are fresh/frozen (not canned)
- We are looking into serving more fresh/frozen fruit options

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