

# June Menu

	Breakfast	Lunch	3:30 Snack
Thursday, 6/1	Grits, Peaches & Milk	Chicken Spaghetti, Purple Hull Peas, Pears & Milk	Sliced Oranges & Animal Crackers
Friday, 6/2	Banana Muffin, Apples & Milk	Grilled Cheese Sandwich, Green Beans, Banana & Milk	Vanilla Yogurt & Pretzels
Monday, 6/5	French Toast, Applesauce & Milk	Oriental Chicken w/ Brown Rice & Vegetables, Mandarin Oranges & Milk	Craisins & Carrots with Ranch Dressing (Inf/Todds Frozen Peas & Carrots)
Tuesday, 6/6	Cheese Grits, Pears & Milk	Chicken Sliders, Green Beans, Pineapple & Milk	Sliced Apples & Goldfish
Wednesday, 6/7	Banana Muffin, Peaches & Milk	Meatballs w/ Brown Rice, Mandarin Oranges, Broccoli & Milk	Banana & Vanilla Yogurt
Thursday, 6/8	Biscuit, Fruit & Milk	Cheese Pizza, Green Beans, Apples & Milk	Whole Grain Cheerios w/ Craisins
Friday, 6/9	Pancakes, Peaches & Milk	Whole Wheat Cheese Quesadillas, Peas and Carrots, Pears & Milk	Sliced Oranges & Animal Crackers
Monday, 6/12	Grits with Turkey Sausage, Pears & Milk	Baked Chopped Steak, Mashed Potatoes, Butter Peas, Apples & Milk	Fresh Fruit & Pretzels
Tuesday, 6/13	Oatmeal, Applesauce & Milk	Fish Nuggets, Green Beans, Pineapple & Milk	Raisins & Carrots with Ranch Dressing (Inf/Todds Frozen Peas & Carrots)
Wednesday, 6/14	Waffles, Mandarin Oranges & Milk	Pot Roast with Carrots and Brown Rice, Pears & Milk	Fresh Fruit & Cheese Cubes
Thursday, 6/15	Blueberry Muffin, Apples & Milk	Sloppy Joe's, Butter Peas, Peaches & Milk	Orange Slices & Veggie Straws
Friday, 6/16	Grilled Cheese Toast, Pears & Milk	Turkey & Cheese Wrap, Green Beans, Pineapple & Milk	Banana & Whole Grain Cheerios
Monday, 6/19	French Toast, Pineapple & Milk	Meatballs w/ Brown Rice, Broccoli, Oranges & Milk	Cheese Cubes & Snack Mix
Tuesday, 6/20	Oatmeal, Peaches & Milk	BBQ Chicken Sliders, Purple Hull Peas, Pears & Milk	Apple Slices & Craisins
Wednesday, 6/21	Cheese Biscuit, Fruit & Milk	Chicken Pilaf, Peas, Pineapple & Milk	Cheese & Whole Wheat Crackers
Thursday, 6/22	Blueberry Muffin, Banana & Milk	Spaghetti w/Meat Sauce, Green Beans, Apples & Milk	Sliced Oranges & Pretzels
Friday, 6/23	Grits with Turkey Sausage, Pears & Milk	Oriental Chicken w/ Brown Rice & Vegetables, Mandarin Oranges & Milk	Banana & Vanilla Yogurt
Monday, 6/26	Waffles, Applesauce & Milk	Turkey & Cheese Wrap, Green Beans, Pears & Milk	Raisins & Veggie Straws
Tuesday, 6/27	Cheese Grits, Peaches & Milk	Fish Nuggets, Tater Tots, Pineapple & Milk	Fresh Fruit & Pretzels
Wednesday, 6/28	French Toast, Pears & Milk	Meatballs w/ Brown Rice, Broccoli, Oranges & Milk	Cheese Cubes & Whole Wheat Crackers
Thursday, 6/29	Biscuit, Peaches & Milk	Chicken Spaghetti, Purple Hull Peas, Pears & Milk	Sliced Oranges & Animal Crackers
Friday, 6/30	Banana Muffin, Mixed Fruit & Milk	Grilled Cheese Sandwich, Green Beans, Apples & Milk	Vanilla Yogurt & Pretzels

- All canned fruit is stored in fruit juice and/or water (not syrup)
- Bread and tortillas are whole wheat
- Most vegetables are fresh/frozen (not canned)
- We are looking into serving more fresh/frozen fruit options

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