

# September Menu

	<b>Breakfast</b>	<b>Lunch</b>	<b>3:30 Snack</b>
Friday, 9/1	Oatmeal, Applesauce & Milk	Cheese Pizza, Green Beans, Pears & Milk	Whole Grain Cheerios & Vanilla Yogurt
<b>Monday, 9/4</b>	<b>Centers Closed for Labor Day</b>		
Tuesday, 9/5	Grits with Turkey Sausage, Pears & Milk	Chicken and Sausage Paella, Butter Peas, Apples & Milk	Fresh Fruit & Pretzels
Wednesday, 9/6	Blueberry Muffin, Apples & Milk	Fish Nuggets, Green Beans, Pineapple & Milk	Snack Mix & Apple Slices
Thursday, 9/7	Waffles, Mandarin Oranges & Milk	BBQ Chicken w/Brown Rice, Purple Hull Peas, Pears & Milk	Fresh Fruit & Cheese Cubes
Friday, 9/8	Biscuit, Peaches & Milk	Sloppy Joe's, Butter Peas, Pineapple & Milk	Orange Slices & Veggie Straws
Monday, 9/11	French Toast, Pineapple & Milk	Meatballs w/ Brown Rice, Butter Peas, Oranges & Milk	Cheese Cubes & Snack Mix
Tuesday, 9/12	Oatmeal, Peaches & Milk	BBQ Chicken Sliders, Purple Hull Peas, Pears & Milk	Apple Slices & Gold Fish Crackers
Wednesday, 9/13	Cheese Biscuit, Fruit & Milk	Chicken Pilaf, Peas, Pineapple & Milk	Cheese & Whole Wheat Crackers
Thursday, 9/14	Blueberry Muffin, Banana & Milk	Spaghetti w/Meat Sauce, Green Beans, Apples & Milk	Sliced Oranges & Pretzels
Friday, 9/15	Grits with Turkey Sausage, Pears & Milk	Oriental Chicken w/ Brown Rice & Vegetables, Mandarin Oranges & Milk	Whole Grain Cheerios & Vanilla Yogurt
Monday, 9/18	Waffles, Applesauce & Milk	Tex-Mex Chicken & Rice, Oranges & Milk	Raisins & Veggie Straws
Tuesday, 9/19	Cheese Grits, Peaches & Milk	Fish Nuggets, Tater Tots, Pineapple & Milk	Fresh Fruit & Gold Fish Crackers
Wednesday, 9/20	French Toast, Pears & Milk	Taco Quesadilla, Green Beans, Mixed Fruit & Milk	Sliced Apples & Snack Mix
Thursday, 9/21	Biscuit, Peaches & Milk	Chicken Spaghetti, Purple Hull Peas, Pears & Milk	Sliced Oranges & Animal Crackers
Friday, 9/22	Banana Muffin, Apples & Milk	Grilled Cheese Sandwich, Broccoli, Pears & Milk	Vanilla Yogurt & Pretzels
Monday, 9/25	Grits with Turkey Sausage, Peaches & Milk	BBQ Chicken w/Brown Rice, Purple Hull Peas, Pineapple & Milk	Fresh Fruit & Whole Wheat Crackers
Tuesday, 9/26	Oatmeal, Applesauce & Milk	Chicken Sliders, Green Beans, Mandarin Oranges & Milk	Rice Cereal w/ Craisins
Wednesday, 9/27	Cheese Biscuits, Apples & Milk	Sloppy Joe's, Butter Peas, Peaches & Milk	Fresh Fruit & Gold Fish
Thursday, 9/28	Pancakes, Mandarin Oranges & Milk	Fish Nuggets, Green Beans, Pineapple & Milk	Banana & Whole Grain Cheerios
Friday, 9/29	Blueberry Muffin, Banana & Milk	Spaghetti w/Meat Sauce, Green Beans, Apples & Milk	Sliced Oranges & Pretzels



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