

November Menu

	Breakfast	Lunch	3:30 Snack
Wednesday, 11/1	Biscuit, Fruit & Milk	Taco Quesadilla, Green Beans, Mixed Fruit & Milk	Sliced Oranges & Pretzels
Thursday, 11/2	Blueberry Muffin, Banana & Milk	Spaghetti w/Meat Sauce, Butter Peas, Apples & Milk	Cheese & Whole Wheat Crackers
Friday, 11/3	Grits, Pears & Milk	Pot Roast w/ Brown Rice or Noodles & Vegetables, Mandarin Oranges & Milk	Whole Grain Cheerios & Vanilla Yogurt
Monday, 11/6	Waffles, Applesauce & Milk	Tex-Mex Chicken & Rice, Pears & Milk	Raisins & Veggie Straws
Tuesday, 11/7	Cheese Grits, Peaches & Milk	Chicken Nuggets, Tater Tots, Pineapple & Milk	Fresh Fruit & Gold Fish Crackers
Wednesday, 11/8	French Toast, Pears & Milk	Taco Quesadilla, Green Beans, Mixed Fruit & Milk	Sliced Apples & Snack Mix
Thursday, 11/9	Biscuit, Peaches & Milk	Spaghetti w/Meat Sauce, Butter Peas, Apples & Milk	Sliced Oranges & Animal Crackers
Friday, 11/10	Banana Muffin, Applesauce & Milk	Grilled Cheese Sandwich, Broccoli, Pears & Milk	Vanilla Yogurt & Pretzels
Monday, 11/13	Grits with Turkey Sausage, Peaches & Milk	Chicken Spaghetti, Purple Hull Peas, Apples & Milk	Fresh Fruit & Whole Wheat Crackers
Tuesday, 11/14	Oatmeal, Applesauce & Milk	Turkey Chili w/Black Beans, Rice, Mandarin Oranges & Milk	Rice Cereal w/ Craisins
Wednesday 11/15	Cheese Biscuits, Apples & Milk	Thanksgiving Luncheon Infant - K2 Chicken Nuggets, Green Beans, Mashed Potatoes, Peaches & Milk	Banana & Whole Grain Cheerios
Thursday, 11/16	Pancakes, Mandarin Oranges & Milk	Thanksgiving Luncheon K3 - K4 Chicken Nuggets, Green Beans, Mashed Potatoes, Peaches & Milk	Fresh Fruit & Gold Fish
Friday, 11/17	Blueberry Muffin, Banana & Milk	Tex-Mex Chicken & Rice, Pineapple & Milk	Cheese Cubes & Snack Mix
Monday, 11/20	Pancakes, Applesauce & Milk	Whole Wheat Cheese Quesadillas, Peas and Carrots, Pears & Milk	Sliced Oranges & Animal Crackers
Tuesday, 11/21	Grits with Turkey Sausage, Pears & Milk	Chicken and Sausage Paella, Butter Peas, Apples & Milk	Fresh Fruit & Pretzels
Wednesday, 11/22	Biscuit, Peaches & Milk	Turkey & Cheese Sandwich, Green Beans, Mixed Fruit & Milk	Raisins & Veggie Straws
Thursday, 11/23		Closed for Thanksgiving Holiday	
Friday, 11/24		Closed for Thanksgiving Holiday	
Monday, 11/27	French Toast, Pineapple & Milk	Meatballs w/ Brown Rice, Butter Peas, Mandarin Oranges & Milk	Apple Slices & Gold Fish Crackers
Tuesday, 11/28	Oatmeal, Peaches & Milk	Sloppy Joe's, Purple Hull Peas, Pears & Milk	Cheese Cubes & Snack Mix
Wednesday, 11/29	Cheese Biscuits, Apples & Milk	Chicken Nuggets, Green Beans, Pineapple & Milk	Fresh Fruit & Gold Fish
Thursday, 11/30	Pancakes, Mandarin Oranges & Milk	BBQ Chicken Sliders, Broccoli, Pears & Milk	Banana & Whole Grain Cheerios
Friday, 12/1	Blueberry Muffin, Banana & Milk	Turkey Chili w/Black Beans, Rice, Pineapple & Milk	Cheese Cubes & Snack Mix



Growing Room News

Loving and Learning The Growing Room Way.

November 2017

Happy Thanksgiving

To our Amazing Growing Room Tallahassee Family:

It is that time of year when we all reflect on how blessed we are in our lives. As we think about our many blessings, our Growing Room family makes up a huge, wonderful part of that. We are so grateful to have you all in our lives and to have the opportunity to care for and love your children each day! Not only do we have the most amazing families here at Growing Room, but we have an awesome staff of talented, loving teachers, cooks and administrators!

With a heart full of love and appreciation for you all, we wish you a Happy and Blessed Thanksgiving!

Johnny & Catherine Lee



ECHO Canned Food Drive

Beginning **November 6th** Growing Room will be partnering with ECHO Tallahassee— Emergency Care and Health Organization. ECHO's outreach ministry serves people in crisis and poverty in Leon County. Please bring in canned goods by **November 10th**. A box will be set up in the lobby for you to drop off donations.

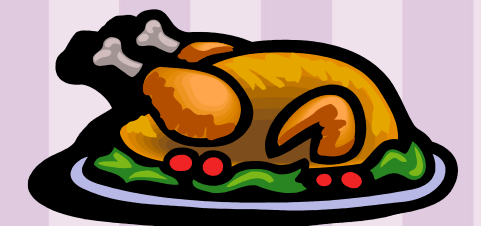


Thanksgiving Luncheons

Our Infant -K4 classrooms will host a family Thanksgiving meal. We hope you will join us as we bring parents, children and our staff members together to give thanks for all of our blessings. Please look for a sign-up sheet on your child's classroom door.

Infants—K2: November 15th at 11:00 a.m.

K3 – K4: November 16th at 11:30 a.m.



Making a Difference Employee for November

Growing Room Welaunee
Ms. Tanzenisha Collins-Matthews
K2C Para Pro

Ms. Tanzenisha is an awesome caregiver and educator. She is excited about educating young children and it shows in the way she cares for her children. Ms. Tanzenisha uses every moment as a teachable moment. She is a huge asset to the Growing Room family!

Thank you Ms. Tanzenisha
for
Making a Difference!

Growing Room Bradfordville
Ms. Andrea Sculley
K4A Para Pro

Ms. Andrea is a wonderful teacher and we are so thankful she is on our team! She is always smiling and ready to jump in with all children and staff. Ms. Andrea knows and adores everyone who walks into our school. Ms. Andrea is a wonderful member of our team!

Thank you Ms. Andrea
for
Making a Difference!

Growing Room Metropolitan
Ms. Mercedes Hamm
K3B Para Pro

Ms. Mercedes is an absolute joy to work with! She is a team player who is always willing to do anything that is asked of her. Ms. Mercedes loves her children and they adore her! We are so thankful to have Ms. Mercedes on our Growing Room Metropolitan Team!

Thank you Ms. Mercedes
for
Making a Difference!

NIGHT OWL

Saturday, November 18th
5:30—11:00 p.m.
Growing Room 3



\$50.00 for the first child
\$30.00 for each sibling
Minimum of 18 children

Character Education Topic for November *Being Thankful and Caring*



Your child will learn about citizenship through the use of character education books, character critters, teacher role modeling and positive reinforcement.

Your child will learn:

- How to be compassionate and empathetic towards others
- To be kind, loving and considerate of others
- To give to others
- To be thankful and express gratitude for what others do

Music Comes to Life ...

Music is much more than just sounds! It is the combining of instruments played by individuals from all over the world that creates beauty and teaches communication.

Dancing and listening to music is another activity Growing Room uses as a teaching tool. Children learn emotional expression, creativity, awareness of self and others, creative movement and how to follow directions by listening to music and dancing. Other skills like positive self-concept, listening and communication skills and language can also be improved with music. Musical instruments, musical props and listening to a variety of music can also enhance these skills. Introducing different musical instruments from other countries can challenge a young child's mind and serve as a great teaching tool to talk to the children about various cultures around the world.

Through music, Growing Room children learn imitation and repetition of patterns, how to create and compare words as well as vocabulary and actions from songs and finger plays. Fine and gross motor skills can also improve from playing instruments. At Growing Room, we love to make music come to life!

Helpful Parent Reminders

- November 3.....Spirit Day Friday
- November 6-10.....Can Food Drive
- November 10.....LCS Closed—No VPK Only
- November 10.....Spirit Day Friday
- November 20-24.....LCS Holidays—No VPK Only
- November 15.....Thanksgiving Luncheon—Infants— K2 Classes, 11:00 a.m.
- November 16.....Thanksgiving Luncheon—K3-K4 Classes, 11:30 a.m.
- November 22.....Come to School Dressed as an Indian or Pilgrim
- November 22.....Thanksgiving Parade
- November 22.....All Centers Close at 3:00 p.m.
- November 23.....Happy Thanksgiving—All Centers Closed
- November 24.....Thanksgiving Holiday—All Centers Closed
- November 27-December 1.....Parent Teacher Conferences This Week

TO ALL OF OUR FAMILIES WHO CELEBRATE BIRTHDAYS IN NOVEMBER, WE WISH YOU A VERY HAPPY DAY!

