

January Menu

	Breakfast	Lunch	3:30 Snack
Tuesday 1/2	Blueberry Muffin, Apples & Milk	Turkey Chili w/Rice, Pineapple & Milk	Cheese Cubes & Snack Mix
Wednesday 1/3	Waffles, Applesauce & Milk	Pot Roast w/Noodles & Vegetables, Mandarin Oranges & Milk	Raisins & Veggie Straws
Thursday 1/4	Cheese Grits, Peaches & Milk	Chicken Nuggets, Tater Tots, Pineapple & Milk	Fresh Fruit & Gold Fish Crackers
Friday 1/5	French Toast, Pears & Milk	Taco Quesadilla, Green Beans, Mixed Fruit & Milk	Sliced Apples & Snack Mix
Monday 1/8	Biscuit, Apples & Milk	Spaghetti w/Meat Sauce, Butter Peas, Peaches & Milk	Sliced Oranges & Animal Crackers
Tuesday 1/9	Banana Muffin, Mixed Fruit & Milk	Grilled Cheese Sandwich, Broccoli, Pears & Milk	Vanilla Yogurt & Pretzels
Wednesday 1/10	Grits with Turkey Sausage, Peaches & Milk	Chicken Spaghetti, Purple Hull Peas, Apples & Milk	Fresh Fruit & Whole Wheat Crackers
Thursday 1/11	Oatmeal, Applesauce & Milk	Chicken Nuggets, Green Beans, Mashed Potatoes, Peaches & Milk	Rice Cereal w/ Craisins
Friday 1/12	Cheese Biscuits, Apples & Milk	Turkey Chili w/ Rice, Mandarin Oranges & Milk	Banana & Whole Grain Cheerios
Monday 1/15		Closed - Martin Luther King	
Tuesday 1/16	Blueberry Muffin, Banana & Milk	Tex-Mex Chicken & Rice, Pineapple & Milk	Cheese Cubes & Snack Mix
Wednesday 1/17	Pancakes, Applesauce & Milk	Pot Roast, Mashed Potatoes, Mandarin Oranges & Milk	Sliced Oranges & Animal Crackers
Thursday 1/18	Grits with Turkey Sausage, Pears & Milk	Chicken and Sausage Paella, Butter Peas, Apples & Milk	Fresh Fruit & Pretzels
Friday 1/19	Biscuit, Peaches & Milk	Turkey & Cheese Sandwich, Green Beans, Mixed Fruit & Milk	Raisins & Veggie Straws
Monday 1/22	French Toast, Pineapple & Milk	Meatballs w/ Brown Rice, Butter Peas, Mandarin Oranges & Milk	Apple Slices & Gold Fish Crackers
Tuesday 1/23	Oatmeal, Peaches & Milk	Sloppy Joe's, Purple Hull Peas, Pears & Milk	Cheese Cubes & Snack Mix
Wednesday 1/24	Chef's Choice	Chef's Choice	Chef's Choice
Thursday 1/25	Pancakes, Mixed Fruit & Milk	Whole Wheat Cheese Quesadillas, Peas and Carrots, Apples & Milk	Rice Cereal w/ Craisins
Friday 1/26	Cheese Biscuits, Apples & Milk	Chicken Nuggets, Green Beans, Pineapple & Milk	Fresh Fruit & Gold Fish
Monday 1/29	Pancakes, Mandarin Oranges & Milk	BBQ Chicken Sliders, Broccoli, Pears & Milk	Banana & Whole Grain Cheerios
Tuesday 1/30	Waffles, Peaches & Milk	Tex-Mex Chicken & Rice, Apples & Milk	Raisins & Veggie Straws
Wednesday 1/31	Banana Muffin, Mixed Fruit & Milk	Grilled Cheese Sandwich, Green Beans, Pears & Milk	Vanilla Yogurt & Pretzels
Thursday 2/1	Cheese Biscuit, Fruit & Milk	Spaghetti w/Meatballs, Broccoli, Peaches & Milk	Applesauce & Chex Mix
Friday 2/2	Blueberry Muffin, Banana & Milk	Chicken Pilaf, Peas, Pineapple & Milk	Cheese & Whole Wheat Crackers



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