

September Menu

	Breakfast	Lunch	3:30 Snack
Monday, 9/3	Centers Closed for Labor Day		
Tuesday, 9/4	Grits with Turkey Sausage, Pineapple & Milk	Chicken Spaghetti, Butter Peas, Mandarin Oranges & Milk	Vanilla Yogurt & Whole Grain Cheerios
Wednesday, 9/5	Banana Muffin, Peaches & Milk	Sloppy Joe's, Green Beans, Apples & Milk	Fresh Fruit & Veggie Straws
Thursday, 9/6	Oatmeal, Applesauce & Milk	Whole Wheat Cheese Quesadillas, Peas and Carrots, Pears & Milk	Rice Cereal & Craisins
Friday, 9/7	Pancakes, Mandarin Oranges & Milk	BBQ Chicken & Rice, Purple Hull Peas, Peaches & Milk	Sliced Cheese & Whole Wheat Crackers
Monday, 9/10	Waffles, Mandarin Oranges & Milk	Spaghetti and Meatballs, Green Beans, Pears & Milk	Apple Slices & Gold Fish
Tuesday, 9/11	Cheese Grits, Banana & Milk	Chicken Divan w/ Broccoli & Brown Rice, Pineapple & Milk	Cheese & Snack Mix
Wednesday, 9/12	Pancakes, Applesauce & Milk	Pot Roast, Mashed Potatoes, Peaches & Milk	Sliced Oranges & Animal Crackers
Thursday, 9/13	Blueberry Muffin, Pears & Milk	Turkey & Cheese Sandwich, Green Beans, Pineapple & Milk	Fresh Fruit & Pretzels
Friday, 9/14	Biscuit, Peaches & Milk	Chicken Paella, Butter Peas, Apples & Milk	Raisins & Veggie Straws
Monday, 9/17	French Toast, Pineapple & Milk	Meatballs w/ Brown Rice, Broccoli, Mandarin Oranges & Milk	Apple Slices & Gold Fish
Tuesday, 9/18	Chef's Choice	Chef's Choice	Chef's Choice
Wednesday, 9/19	Blueberry Muffin, Banana & Milk	Chicken Sliders, Purple Hull Peas, Pears & Milk	Cheese & Snack Mix
Thursday, 9/20	Oatmeal, Peaches & Milk	BBQ Chicken & Rice, Peas and Carrots, Mandarin Oranges & Milk	Rice Cereal & Craisins
Friday, 9/21	Banana Muffin, Apples & Milk	Whole Wheat Cheese Quesadillas, Broccoli, Pears & Milk	Fresh Fruit & Gold Fish
Monday, 9/24	Pancakes, Mandarin Oranges & Milk	Chicken Paella, Purple Hull Peas, Peaches & Milk	Banana & Whole Grain Cheerios
Tuesday, 9/25	Grits, Peaches & Milk	Spaghetti w/ Meatballs, Butter Peas, Apples & Milk	Raisins & Veggie Straws
Wednesday, 9/26	Cheese Biscuit, Fruit & Milk	BBQ Chicken Sliders, Green Beans, Mandarin Oranges & Milk	Applesauce & Snack Mix
Thursday, 9/27	Blueberry Muffin, Pears & Milk	Pot Roast, Mashed Potatoes, Apples & Milk	Fresh Fruit & Gold Fish
Friday, 9/28	Waffles, Pineapple & Milk	Chicken Spaghetti, Peas and Carrots, Peaches & Milk	Vanilla Yogurt & Pretzels



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