# November Menu

<table>
<thead>
<tr>
<th>Date</th>
<th>Meal</th>
</tr>
</thead>
<tbody>
<tr>
<td>November 1</td>
<td>Breakfast: Waffles w/Syrup, Mixed Fruit &amp; Milk&lt;br&gt;Pancakes w/Syrup, Mandarin Oranges &amp; Milk&lt;br&gt;Parent Breakfast: Chefs Choice&lt;br&gt;Lunch: BBQ Chicken &amp; Rice, Green Peas, Diced Pears &amp; Milk&lt;br&gt;3 pm Snack: Animal Crackers</td>
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<td>Monday 11/1</td>
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<td>Breakfast: Scrambled Eggs w/Sausage &amp; Grits, Mexican Rice, Green Peas, Diced Pears &amp; Milk&lt;br&gt;Parent Breakfast: Chefs Choice&lt;br&gt;Lunch: Chicken Spaghetti, String Beans, Pineapple Tidbits &amp; Milk&lt;br&gt;3 pm Snack: Graham Crackers</td>
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<td>Tuesday 11/2</td>
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<td>Breakfast: Scrambled Eggs w/Syrup, Mixed Fruit &amp; Milk&lt;br&gt;Pancakes w/Syrup, Mandarin Oranges &amp; Milk&lt;br&gt;Parent Breakfast: Chefs Choice&lt;br&gt;Lunch: BBQ Chicken &amp; Rice, Green Peas, Diced Pears &amp; Milk&lt;br&gt;3 pm Snack: Animal Crackers</td>
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<td>Wednesday 11/3</td>
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<td>Breakfast: French Toast w/Syrup, Appleauce &amp; Milk&lt;br&gt;Pancakes w/Syrup, Mandarin Oranges &amp; Milk&lt;br&gt;Parent Breakfast: Chefs Choice&lt;br&gt;Lunch: BBQ Chicken &amp; Rice, Green Peas, Diced Pears &amp; Milk&lt;br&gt;3 pm Snack: Animal Crackers</td>
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<td>Thursday 11/4</td>
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<td>Breakfast: French Toast w/Syrup, Appleauce &amp; Milk&lt;br&gt;Pancakes w/Syrup, Mandarin Oranges &amp; Milk&lt;br&gt;Parent Breakfast: Chefs Choice&lt;br&gt;Lunch: BBQ Chicken &amp; Rice, Green Peas, Diced Pears &amp; Milk&lt;br&gt;3 pm Snack: Animal Crackers</td>
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<td>Friday 11/5</td>
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<td></td>
<td>Breakfast: French Toast w/Syrup, Appleauce &amp; Milk&lt;br&gt;Pancakes w/Syrup, Mandarin Oranges &amp; Milk&lt;br&gt;Parent Breakfast: Chefs Choice&lt;br&gt;Lunch: BBQ Chicken &amp; Rice, Green Peas, Diced Pears &amp; Milk&lt;br&gt;3 pm Snack: Animal Crackers</td>
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# Thanksgiving Luncheons

Each classroom will host a family Thanksgiving meal November 20th or 21st. We hope you will join us as we bring parents, children and our staff members together to give thanks for all of our blessings. Please plan to bring a dish for your child’s class to enjoy.

**November 20th, Infant- Toddler 11:30 & K2 classes at 12:00**

We are very thankful for you!

# Pajama Drive

Beginning November 1st Growing Room will be partnering with Pod Advertising in an effort to help Shield Children from the Chill. Did you know that for some children pajamas are actually a luxury? In a season when kids are most susceptible to serious colds and other illnesses please help by donating one pair of NEW pajamas for a child of any age. The pajamas will be donated to the kids at the Children’s Home Society and Kids, Inc. A box will be set up in the lobby for you to drop off your donation. Pod Advertising’s goal is to be able to donate 1,000 pairs of new pajamas. Let’s help them reach their goal!

# March of Dimes—Prematurity Awareness Month

November is Prematurity Awareness Month and the March of Dimes focuses the nation’s attention on premature birth.

November 17th is World Prematurity Day. Join March of Dimes on this day as they work to raise awareness on the serious problem of premature birth and help more babies start healthy lives.

How can you help?
- “Like” March of Dimes and World Prematurity Day on Facebook
- Update your Facebook status with a message on premature birth

# Our Partners

- **Weichert Realtors**
  - The H2 Group
- **M&M Gallops Karate**
- **Gallops Karate**
- **Jingle Jam Dance**
- **Dancino**
- **Gallops Karate**
- **Gallops Karate**
- **Gallops Karate**

# Extra Curricular Activities

- **Dance**
- **Junior Gym**
- **Jingle Jam**
- **Jellybeans—Young Actors Studio**
- **Playball**
- **Gallops Karate**

# Sign Up Today!
Growing Up on Our Block

This month begins with our students painting pumpkins at the art easel and answering the question, “How Many Pumpkins Tall Are We?”

Next, the children will learn all about sharing with the focus being on “Sharing is Caring.” On November 8th we invite all of our Moms to join us as we make cards for the elderly.

As we go through the month, your child will learn about “The First Thanksgiving” and how the pilgrims sailed on the Mayflower. They will make Indian headbands and a tree of thanks.

“Feeling Thankful at Thanksgiving” will be the focus during Thanksgiving week. Your children will make turkey hats and multi color handprint turkeys. Please join us for our class Thanksgiving meals on Monday, November 21st.

We will finish up the month by learning about the 5 senses with “You smell and Taste and Feel and See and Hear.” The children will explore their senses at the sensory table as they feel different textures.

We wish all of our families a very Happy Thanksgiving and we want you to know how thankful we are for each and every one of you!

November Character Education Topic: Being Thankful and Caring

This month your child will learn the importance of Being Thankful and Caring. Your child will learn:

- How to be compassionate and empathetic towards others
- To be kind, loving, and considerate of others
- To be thankful and express gratitude for what others do

Book Sample: When I Care About Others by Cornelia Maude Spelman

Helpful Parent Reminders

- November 1 .......................... Pajama Drive Begins
- November 8 .......................... Moms Help Make Cards for the Elderly
- November 12 ...................... Veterans Day Holiday - All Centers Closed
- November 17 .......................... World Prematurity Day
- November 20-21 ...................... Class Thanksgiving Meals
- November 21 .......................... All Centers Close at 3:00 p.m.
- November 22-23 ...................... Thanksgiving Holidays - All Centers Closed
- November 26-30 ...................... Parent-Teacher Conferences

TO ALL OF OUR FAMILIES THAT CELEBRATE BIRTHDAYS

Remember all centers will close at 3:00 p.m. on November 21st so that our teachers and staff can spend a little extra time with their families.

We wish all of our families a very Happy Thanksgiving and we want you to know how thankful we are for each and every one of you!

Night Owl

November 17th
5:30—11:00 p.m.
Growing Room 3

$5.00 for the first child
$18.00 for each sibling

Minimum of 18 children required

Please note: Night Owl is at Growing Room 3 (1271 Metropolitan Blvd.). We are located next to the Keiser College Building in the Metropolitan Center at 1-10 and Thomasville Rd.

“Making a Difference Employee” for November

November 1 .......................... Ms. Staci Eppes
Infant 1B Lead

Ms. Staci is doing a wonderful job as our Infant 1B lead teacher! She is very dependable. Ms. Staci has developed very special relationships with the children in her class, their parents, and the other teachers in Infant 1B.

Thank you Ms. Staci for Making a Difference!

November 8 .......................... Ms. Corinne McCabe
Infant 2 Lead

Ms. Corinne recently moved into the Infant 2 lead position and is doing an amazing job! She is very loving and outgoing. Ms. Corinne is always going above and beyond with her creativity and excitement for the children.

Thank you Ms. Corinne for Making a Difference!

November 12 .......................... Ms. Mia Polite
Toddler Lead

Ms. Mia has been a blessing to Growing Room in every way! She absolutely adores the children in her class and has made it a priority to get to know the children all over the school. Ms. Mia loves to sing and is frequently heard singing to her children in the hallways as she comes and goes.

Thank you Ms. Mia for Making a Difference!

November’s Share Event

Please join us for November’s Share Event at Wharf Express

Wednesday, November 14th
Come dine in or carry out at any of the 5 locations!

Just mention that you support “Growing Room” and 15% of your sales will go towards helping us “Grow” our Scholarship Fund.

We hope to see you there!