

July Menu

	Breakfast	Lunch	3:30 Snack
Monday, 7/1	Pancakes, Applesauce & Milk	Cheese Pizza, Green Beans, Pineapple & Milk	Apples & Goldfish
Tuesday, 7/2	Cheese Grits, Mandarin Oranges & Milk	Chicken Divan w/ Broccoli, Pears & Milk	Rice Cereal & Craisins
Wednesday, 7/3	Blueberry Muffin, Apples & Milk	Cheese Tortellini, Butter Peas, Peaches & Milk	Applesauce & Pretzels
Thursday, 7/4	CLOSED	HAPPY 4th OF JULY	CLOSED
Friday, 7/5	CLOSED	HAPPY 4th OF JULY	CLOSED
Monday, 7/8	Oatmeal, Mandarin Oranges & Milk	Chicken Spaghetti, Purple Hull Peas, Peaches & Milk	Vanilla Yogurt & Blueberries
Tuesday, 7/9	Grits with Turkey Sausage, Peaches & Milk	Meatballs w/ Brown Rice, Butter Peas, Pineapple & Milk	Apples & Goldfish
Wednesday, 7/10	Blueberry Muffin, Applesauce & Milk	Brunch for Lunch: Pancakes & Sausage Patties, Pears & Milk	Raisins & Veggie Straws
Thursday, 7/11	Cheese Biscuit, Apples & Milk	Chicken Lo Mein w/ Peas and Carrots, Mandarin Oranges & Milk	Sliced Cheese & Snack Mix
Friday, 7/12	French Toast, Pineapples & Milk	Cheese Tortellini, Broccoli, Pears & Milk	Applesauce & Whole Grain Cheerios
Monday, 7/15	Waffles, Apples & Milk	BBQ Chicken & Brown Rice, Green Beans, Pineapple & Milk	Raisins & Veggie Straws
Tuesday, 7/16	Oatmeal, Pears & Milk	Turkey Chili Mac, Mandarin Oranges & Milk	Fresh Fruit & Goldfish
Wednesday, 7/17	Biscuit, Applesauce & Milk	Cheese Pizza, Green Beans, Peaches & Milk	Layers of the Earth Pudding Cups
Thursday, 7/18	Blueberry Muffin, Pears & Milk	Pot Roast, Mashed Potatoes, Apples & Milk	Sliced Cheese & Whole Wheat Crackers
Friday, 7/19	Grits with Turkey Sausage, Peaches & Milk	Chicken Fried Brown Rice w/ Peas & Carrots, Mandarin Oranges & Milk	Rice Cereal & Craisins
Monday, 7/22	French Toast, Pineapple & Milk	Chicken Sliders, Tater Tots, Peaches & Milk	Applesauce & Whole Grain Cheerios
Tuesday, 7/23	Oatmeal, Apples & Milk	Brunch for Lunch: Pancakes & Sausage Patties, Pears & Milk	Rice Cereal & Craisins
Wednesday, 7/24	Blueberry Muffin, Peaches & Milk	Chicken Parmesan Pasta Bake, Butter Peas, Mandarin Oranges & Milk	Apples & Goldfish
Thursday, 7/25	Waffles, Pineapple & Milk	Whole Wheat Taco Quesadillas, Peas & Carrots, Peaches & Milk	Sliced Cheese & Whole Wheat Crackers
Friday, 7/26	Biscuit, Mandarin Oranges & Milk	Spaghetti w/ Meatballs, Butter Peas, Apples & Milk	Vanilla Yogurt & Blueberries
Monday, 7/29	Pancakes, Peaches & Milk	BBQ Chicken & Brown Rice, Green Beans, Pineapple & Milk	Applesauce & Whole Grain Cheerios
Tuesday, 7/30	Cheese grits, Pears & Milk	Turkey Chili Mac, Mandarin Oranges & Milk	Rice Cereal & Craisins
Wednesday, 7/31	French Toast, Pineapple & Milk	Meatballs w/ Brown Rice, Butter Peas, Peaches & Milk	Apples & Goldfish
Thursday, 8/1	Oatmeal, Apples & Milk	Chicken Spaghetti, Purple Hull Peas, Pears & Milk	Vanilla Yogurt & Blueberries
Friday, 8/2	Cheese Biscuit, Mandarin Oranges & Milk	Whole Wheat Cheese Quesadillas, Peas & Carrots, Pineapple & Milk	Sliced Cheese & Whole Wheat Crackers



"Growing Room Tallahassee"



www.pinterest.com/grtally



@growingroomtlh



July 2019

We are excited to announce our theme for the 2019-2020 school year—**All Aboard The STEAM Express!** STEAM stands for Science, Technology, Engineering, Art, and Math. All of these subjects are part of our daily life. So it makes sense that children should explore these subjects in an integrated way every day through educational games, books, large and small group discussions, art activities, science experiments, and more. The STEAM curriculum will promote problem solving, and creative and analytical thinking. STEAM also teaches children some skills that are not related to core content, such as working with others, creativity, ingenuity, perseverance and diligence.

Preschool Facts about STEAM

Science encourages curiosity, investigation, answering questions, and problem solving, often involving experimentation and explorations.

Technology refers to using simple tools like crayons and rulers, as well as more complex ones like microscopes and computers.

Engineering is recognizing problems and devising and testing solutions.

Art encourages creativity and process development, as well as allows children to illustrate concepts they are learning.

Mathematics deals with numbers, but also patterns, shapes, organizational skills like graphing and sorting and much more.

We look forward to rolling out the weekly themes in August when the new school year calendar comes out. It is going to be an amazing year filled with lots of hands on educational activities and opportunities for your children to learn.

Looking ahead, we want to remind you that we will be closed on **Friday, August 9th for Teacher Planning Day**. We will also have our Back to School Orientation that same day. This will be a great time for you to come meet your child's new teacher and see his/her new classroom. The new school year begins on Monday, August 12th!

If your child is not signed up for the 2019-2020 school year, stop by the front desk and sign them up TODAY! We have very limited spots remaining.

Back to School Orientation Times

Growing Room Welaunee: August 9th, 4:00-5:00pm

Growing Room Bradfordville: August 9th, 5:00-6:00pm

Growing Room Metropolitan: August 9th, 4:00-5:00pm



Happy 4th of July!

All Centers will be closed on Thursday, July 4th

& Friday July 5th in observance of Independence Day.



Making a Difference Employee for July

Growing Room Welaunee
Ms. Margarette Delcy
Toddler Lead Teacher

Growing Room Bradfordville
Ms. Aretha Bradham
K3B Para Pro

Growing Room Metropolitan
Ms. Keyshonda Butler
Toddler Para Pro

Ms. Margarette began with Growing Room Welaunee in October 2012. Her dedication to the toddlers in her classroom and to their families is amazing. Ms. Margarette has a special talent for keeping toddlers actively engaged in learning. We are so thankful to have Ms. Margarette's hard working spirit and passion for teaching as part of our team!

Thank you Ms. Margarette
for
Making a Difference!

Ms. Aretha has been part of the Growing Room Bradfordville family since August 2018. She is always so cheerful and can usually be found working at the tables with the children on their letters and numbers. We are so thankful for Ms. Aretha and all that she has done in her time with us.

Thank you Ms. Aretha
for
Making a Difference!

Ms. Keyshonda joined Growing Room Metropolitan in January 2019. She is currently working on completing her CDA. Ms. Keyshonda is such a hard worker and loves doing art and each of the children in her class. She is always willing to help out and do whatever is asked of her.

Thank you Ms. Keyshonda
for
Making a Difference!

Character Education Topic for July Kindness

Your child will learn about kindness through the use of character education books, character critters, teacher role modeling and positive reinforcement.

As part of the learning process, your child will learn:

- To use language that shows kindness toward others
- To think about how our actions make others feel
- To do things that make others enjoy having you around and also make others feel good
- To be a helper at home and at school
- To be polite and courteous
- To treat others the way you'd like to be treated



Thank you to all of our Growing Room families who brought in donations during our "Bundles of Love" donation drive. We were able to help the March of Dimes put together care packages for patients at TMH and CRMC.

Our families are simply the best!

Wacky Water Play



The children are loving Water Day Friday! As a reminder, please send your child to school in their swimsuit and send in a labeled towel as well as labeled change of clothes to change into after water play. We will continue to have Water Day each Friday throughout the summer.

Helpful Parent Reminders

- July 3.....Come to School Wearing Patriotic Colors
- July 3.....4th of July Parties, 3pm
- July 4-5.....Happy Independence Day! All Centers Closed**
- July 12.....Water Day & Spirit Day Friday
- July 17.....Come to School Wearing Blue
- July 19.....Water Day & Spirit Day Friday
- July 24.....Come to School Dressed Like A Scientist
- July 26.....Water Day & Spirit Day Friday
- July 31.....Come to School Dressed Like An Alien
- August 1.....Infant Diaper Derby, 10am

TO ALL OF OUR FAMILIES WHO CELEBRATE BIRTHDAYS IN JULY, WE WISH YOU A VERY HAPPY DAY!

Summer Dance Camp

Killearn Kids Dance Troupe

Growing Room Welaunee		Growing Room Bradfordville		Growing Room Metropolitan	
July 15-18	11:15-12:00	July 15-18	9:00-9:45	July 15-18	10:15-11:00
	\$35.00		\$35.00		\$35.00

For more information, please contact Dyanne Ifland, instructor & choreographer at 668-1162.

