

# September Menu

	<b>Breakfast</b>	<b>Lunch</b>	<b>3:30 Snack</b>
Monday, 9/2	<b>CLOSED</b>	<b>HAPPY LABOR DAY</b>	<b>CLOSED</b>
Tuesday, 9/3	Oatmeal, Peaches & Milk	Chicken Fried Brown Rice w/ Peas & Carrots, Pears & Milk	Applesauce & Pretzels
Wednesday, 9/4	Blueberry Muffin, Pineapple & Milk	Cheese Tortellini, Butter Peas, Mandarin Oranges & Milk	Rice Cereal & Craisins
Thursday, 9/5	Cheese Grits, Pears & Milk	Chicken Sliders, Tater Tots, Applesauce & Milk	Fresh Fruit & Veggie Straws
Friday, 9/6	Pancakes, Mandarin Oranges & Milk	Pot Roast, Mashed Potatoes, Peaches & Milk	Bananas & Goldfish
Monday, 9/9	Oatmeal, Pears & Milk	Chicken Spaghetti, Purple Hull Peas, Pineapple & Milk	Vanilla Yogurt & Blueberries
Tuesday, 9/10	Grits with Turkey Sausage, Peaches & Milk	Meatballs w/ Brown Rice, Butter Peas, Mandarin Oranges & Milk	Fresh Fruit & Goldfish
Wednesday, 9/11	Blueberry Muffin, Applesauce & Milk	Brunch for Lunch: Pancakes & Sausage Patties, Pears & Milk	Raisins & Veggie Straws
Thursday, 9/12	Cheese Biscuit, Peaches & Milk	Chicken Lo Mein w/ Peas and Carrots, Mandarin Oranges & Milk	Sliced Cheese & Snack Mix
Friday, 9/13	French Toast, Pineapples & Milk	Cheese Tortellini, Broccoli, Pears & Milk	Applesauce & Whole Grain Cheerios
Monday, 9/16	Waffles, Applesauce & Milk	BBQ Chicken & Brown Rice, Green Beans, Pineapple & Milk	Raisins & Veggie Straws
Tuesday, 9/17	Oatmeal, Pears & Milk	Whole Wheat Taco Quesadillas, Butter Peas, Mandarin Oranges & Milk	Fresh Fruit & Goldfish
Wednesday, 9/18	Biscuit, Banana & Milk	Chicken Fried Brown Rice w/ Peas & Carrots, Peaches & Milk	Vanilla Yogurt & Blueberries
Thursday, 9/19	Blueberry Muffin, Pears & Milk	Pot Roast, Mashed Potatoes, Pineapple & Milk	Sliced Cheese & Whole Wheat Crackers
Friday, 9/20	Grits with Turkey Sausage, Peaches & Milk	Cheese Pizza, Broccoli, Mandarin Oranges & Milk	Rice Cereal & Craisins
Monday, 9/23	French Toast, Pineapple & Milk	Chicken Sliders, Tater Tots, Peaches & Milk	Applesauce & Whole Grain Cheerios
Tuesday, 9/24	Oatmeal, Pears & Milk	Brunch for Lunch: Pancakes & Sausage Patties, Applesauce & Milk	Rice Cereal & Craisins
Wednesday, 9/25	Blueberry Muffin, Peaches & Milk	Chicken Parmesan Pasta Bake, Butter Peas, Mandarin Oranges & Milk	Fresh Fruit & Goldfish
Thursday, 9/26	Waffles, Pineapple & Milk	Whole Wheat Taco Quesadillas, Peas & Carrots, Peaches & Milk	Sliced Cheese & Whole Wheat Crackers
Friday, 9/27	Biscuit, Mandarin Oranges & Milk	Chicken Spaghetti, Butter Peas, Pears & Milk	Vanilla Yogurt & Blueberries
Monday, 9/30	French Toast, Peaches & Milk	Meatballs w/ Brown Rice, Green Beans, Applesauce & Milk	Raisins & Veggie Straws
Tuesday, 10/1	Cheese Grits, Pears & Milk	Chicken Divan w/ Broccoli, Mandarin Oranges & Milk	Fresh Fruit & Goldfish
Wednesday, 10/2	Waffles, Pineapple & Milk	Whole Wheat Cheese Quesadillas, Peas & Carrots, Peaches & Milk	Vanilla Yogurt & Blueberries
Thursday, 10/3	Blueberry Muffin, Applesauce & Milk	BBQ Chicken & Brown Rice, Butter Peas, Mandarin Oranges & Milk	Sliced Cheese & Whole Wheat Crackers
Friday, 10/4	Pancakes. Pears & Milk	Cheese Pizza, Purple Hull Peas, Peaches & Milk	Rice Cereal & Craisins



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