

# November Menu

	Breakfast	Lunch	3:30 Snack
Friday, 11/1	Biscuit, Mandarin Oranges & Milk	Whole Wheat Taco Quesadillas, Peas & Carrots, Pineapple & Milk	Vanilla Yogurt & Blueberries
Monday, 11/4	French Toast, Applesauce & Milk	Chicken Divan w/ Broccoli, Pineapple & Milk	Raisins & Veggie Straws
Tuesday, 11/5	Cheese Grits, Pears & Milk	Turkey Chili with Beans, Mandarin Oranges & Milk	Fresh Fruit & Goldfish
Wednesday, 11/6	Waffles, Pineapple & Milk	Hamburger Sliders, Tater Tots, Peaches & Milk	Vanilla Yogurt & Blueberries
Thursday, 11/7	Blueberry Muffins, Applesauce & Milk	BBQ Chicken & Brown Rice, Butter Peas, Mandarin Oranges & Milk	Sliced Cheese & Whole Wheat Crackers
Friday, 11/8	Pancakes, Pears & Milk	Cheese Pizza, Purple Hull Peas, Pineapple & Milk	Rice Cereal & Craisins
Monday, 11/11	French Toast, Peaches & Milk	Pot Roast, Peas & Carrots, Mandarin Oranges & Milk	Sliced Cheese & Whole Wheat Crackers
Tuesday, 11/12	Oatmeal, Blueberries & Milk	Brunch for Lunch: Pancakes & Sausage Patties, Pineapple & Milk	Applesauce & Pretzels
Wednesday, 11/13	Waffles, Banana & Milk	Cheese Tortellini, Butter Peas, Pears & Milk	Rice Cereal & Craisins
Thursday, 11/14	Cheese Grits, Mandarin Oranges & Milk	Turkey Chili with Beans, Pineapple & Milk	Fresh Fruit & Veggie Straws
Friday, 11/15	Blueberry Muffins, Applesauce & Milk	Chicken Parmesan Pasta Bake, Broccoli, Pears & Milk	Bananas & Goldfish
Monday, 11/18	Oatmeal, Peaches & Milk	Meatballs w/ Brown Rice, Butter Peas, Applesauce & Milk	Vanilla Yogurt & Blueberries
Tuesday, 11/19	Grits with Turkey Sausage, Pears & Milk	Hamburger Sliders, Tater Tots, Applesauce & Milk	Fresh Fruit & Goldfish
Wednesday, 11/20	Blueberry Muffin, Pineapple & Milk	<b>Thanksgiving Luncheon Infant - K2</b> Chicken Nuggets, Green Beans, Mashed Potatoes, Peaches & Milk	Raisins & Veggie Straws
Thursday, 11/21	Cheese Biscuit, Banana & Milk	<b>Thanksgiving Luncheon K3 - K4</b> Chicken Nuggets, Green Beans, Mashed Potatoes, Peaches & Milk	Sliced Cheese & Snack Mix
Friday, 11/22	French Toast, Pineapple & Milk	Cheese Tortellini, Broccoli, Pears & Milk	Applesauce & Whole Grain Cheerios
Monday, 11/25	Waffles, Applesauce & Milk	BBQ Chicken & Brown Rice, Green Beans, Pineapple & Milk	Vanilla Yogurt & Blueberries
Tuesday, 11/26	Oatmeal, Pears & Milk	Whole Wheat Taco Quesadillas, Butter Peas, Mandarin Oranges & Milk	Fresh Fruit & Goldfish
Wednesday, 11/27	Biscuit, Banana & Milk	Chicken Fried Brown Rice w/ Peas & Carrots, Peaches & Milk	Raisins & Veggie Straws
Thursday, 11/28	<b>CLOSED</b>	<b>HAPPY THANKSGIVING</b>	<b>CLOSED</b>
Friday, 11/29	<b>CLOSED</b>	<b>HAPPY THANKSGIVING</b>	<b>CLOSED</b>



# Growing Room News

Loving and Learning The Growing Room Way.

November 2019



To our Amazing Growing Room Tallahassee Family:

It is that time of year when we all reflect on how blessed we are in our lives. As we think about our many blessings, our Growing Room family makes up a huge, wonderful part of that. We are so grateful to have you all in our lives and to have the opportunity to care for and love your children each day! Not only do we have the most amazing families here at Growing Room, but we have an awesome staff of talented, loving teachers, cooks and administrators!

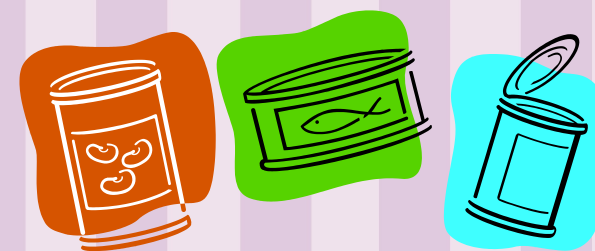
With a heart full of love and appreciation for you all, we wish you a Happy and Blessed Thanksgiving!

Johnny & Catherine Lee



## ECHO Canned Food Drive

Beginning **November 11th** Growing Room will be partnering with ECHO Tallahassee– Emergency Care and Health Organization. ECHO’s outreach ministry serves people in crisis and poverty in Leon County. We will be collecting canned goods through **November 15th**. A box will be set up in the lobby for you to drop off donations.

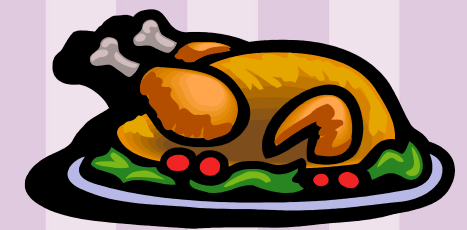


## Thanksgiving Luncheons

Our Infant -K4 classrooms will host a family Thanksgiving meal. We hope you will join us as we bring parents, children and our staff members together to give thanks for all of our blessings. Please look for a sign-up sheet on your child’s classroom door.

**Infants—K2: November 20th at 11:00 a.m.**

**K3 – K4: November 21st at 11:30 a.m.**





## Making a Difference Employee for November

Growing Room Welaunee  
Ms. Erica Stelter  
Assistant Director

Ms. Erica is going to be celebrating her one year anniversary with Growing Room at the end of this month. She greets every person that walks through our doors with a smile and warm welcome! Ms. Erica has jumped in wherever need be and is always willing to go the extra mile!

Thank you Ms. Erica  
for  
Making a Difference!

Growing Room Bradfordville  
Ms. Tanesha Washington  
K4A Lead Teacher

Ms. Tanesha just celebrated her 6 year anniversary with Growing Room this August. She has been a teacher as well as an administrator but her love is teaching and being with the children! Ms. Tanesha is always finding something new to teach her children and has really been a tremendous help anywhere that we need her.

Thank you Ms. Tanesha  
for  
Making a Difference!

Growing Room Metropolitan  
Ms. Jadwiga Plewa  
K4B Lead Teacher

Ms. "J" has been with Growing Room since January 2015. She is such a passionate teacher. Mrs. J loves to see her students success in mastering different concepts. Her flare for creative projects brings such a fun experience to the classroom for the children.

Thank you Ms. Jadwiga  
for  
Making a Difference!

## Thanksgiving Holiday Closures

Wednesday, November 27th

All Centers Close At 3pm

Thursday, November 28th

All Centers Closed

Friday, November 29th

All Centers Closed



## Character Education Topic for November *Being Thankful and Caring*



Your child will learn about being thankful and caring through the use of character education books, character critters, teacher role modeling and positive reinforcement.

Your child will learn:

- How to be compassionate and empathetic towards others
- To be kind, loving and considerate of others
- To give to others
- To be thankful and express gratitude for what others do

## THANK YOU TO OUR SPONSORS FOR HELPING MAKE THE 3RD ANNUAL GROWING ROOM GOLF TOURNAMENT A SUCCESS!



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**DINNER SPONSORS**  
Hanger 38    Performance Food Group

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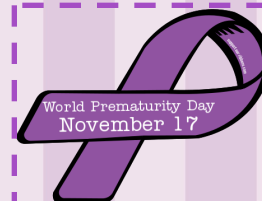
Gus Harper/D. Harper Law	Prime Meridian Bank	Benson's Heating and Air
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Fielder Tree Services	C & T Home Improvements	Preferred Payroll
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**THE GROWING ROOM GOLF TOURNAMENT HAS RAISED OVER \$41,000 FOR THE MARCH OF DIMES OVER THE LAST FOUR YEARS.**

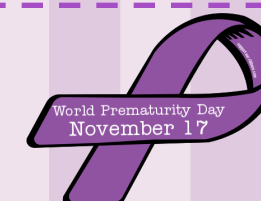
## Helpful Parent Reminders

November 1.....Spirit Day Friday  
November 4-8.....Parent Reading Week– Sign up to read to your child's class  
November 8.....Spirit Day Friday  
November 11.....LCS Closed—No VPK Only  
November 11-15.....Can Food Drive  
**November 15.....Prematurity Awareness Day– Wear Purple**  
November 20.....Thanksgiving Luncheon—Infants– K2 Classes, 11:00 a.m.  
November 21.....Thanksgiving Luncheon—K3-K4 Classes, 11:30 a.m.  
November 22.....Spirit Day Friday  
November 25-29.....LCS Holidays—No VPK Only  
**November 27.....All Centers Close at 3:00 p.m.**  
**November 28.....Happy Thanksgiving—All Centers Closed**  
**November 29.....Thanksgiving Holiday—All Centers Closed**

**TO ALL OF OUR FAMILIES WHO CELEBRATE BIRTHDAYS IN NOVEMBER, WE WISH YOU A VERY HAPPY DAY!**



## WORLD PREMATURETY DAY



Premature birth is the leading cause of death in children under the age of five worldwide. Babies born too early may have more health issues than babies born on time, and may face long-term health problems that affect the brain, the lungs, hearing or vision. World Prematurity Day on November 17th raises awareness of this serious health crisis. Throughout the month we draw attention to the lifesaving research, treatments and community support made possible when we work together to give every baby a fighting chance.

*We will be wearing purple on Friday, November 15th to show our support for World Prematurity Day!*