

# January Menu

	<b>Breakfast</b>	<b>Lunch</b>	<b>3:30 Snack</b>
Wednesday, 1/1	<b>CLOSED</b>	<b>HAPPY NEW YEAR</b>	<b>CLOSED</b>
Thursday, 1/2	French Toast, Pears & Milk	Cheese Pizza, Green Beans, Mandarin Oranges & Milk	Yogurt & Blueberries
Friday, 1/3	Oatmeal, Pineapple & Milk	Meatballs & Brown Rice, Broccoli, Applesauce & Milk	Rice Cereal & Craisins
Monday, 1/6	Cheese Biscuits, Mandarin Oranges & Milk	Chicken Fried Rice, Peas & Carrots, Pears & Milk	<b>Happy Birthday Growing Room Special Birthday Treats</b>
Tuesday, 1/7	Grits w/ Turkey Sausage, Pineapple & Milk	Chicken Spaghetti, Green Beans, Peaches & Milk	Veggie Straws & Raisins
Wednesday, 1/8	Blueberry Muffins, Applesauce & Milk	Hamburger Sliders, Tater Tots, Mandarin Oranges & Milk	Yogurt & Blueberries
Thursday, 1/9	Waffles, Banana & Milk	Whole Wheat Cheese Quesadilla, Butter Peas, Pears & Milk	Graham Crackers & Applesauce
Friday, 1/10	Cinnamon Raisin Biscuits, Pineapple & Milk	Pot Roast, Mashed Potatoes, Mandarin Oranges & Milk	Sliced Cheese & Whole Wheat Crackers
Monday, 1/13	French Toast, Applesauce & Milk	Whole Wheat Spaghetti & Meatballs, Green Beans, Pears & Milk	Rice Cereal & Raisins
Tuesday, 1/14	Oatmeal, Blueberries & Milk	Brunch for Lunch: Pancakes, Turkey Sausage, Pineapple & Milk	Veggie Straws & Fresh Fruit
Wednesday, 1/15	Cheese Biscuits, Mandarin Oranges & Milk	BBQ Chicken & Brown Rice, Purple Hull Peas, Peaches & Milk	Goldfish & Craisins
Thursday, 1/16	Pancakes, Pears & Milk	Chicken Sliders, Baked Sweet Potato Fries, Pineapple & Milk	Yogurt & Pretzels
Friday, 1/17	Waffles, Banana & Milk	Cheese Pizza, Butter Peas, Mandarin Oranges & Milk	Sliced Cheese & Whole Wheat Crackers
Monday, 1/20	<b>CLOSED</b>	<b>CLOSED FOR MLK JR DAY</b>	<b>CLOSED</b>
Tuesday, 1/21	Cheese Grits, Pears & Milk	Meatballs & Brown Rice, Purple Hull Peas, Pineapple & Milk	Veggie Straws & Craisins
Wednesday, 1/22	Blueberry Muffin, Applesauce & Milk	Whole Wheat Taco Quesadillas, Green Beans, Peaches & Milk	Yogurt & Blueberries
Thursday, 1/23	French Toast, Mandarin Oranges & Milk	Hamburger Sliders, Tater Tots, Pears & Milk	Graham Crackers & Applesauce
Friday, 1/24	Waffles, Banana & Milk	Chicken Divan w/ Brown Rice & Broccoli, Pineapple & Milk	Fresh Fruit & Goldfish
Monday, 1/27	Cinnamon Raisin Biscuit, Applesauce & Milk	Chicken LoMein w/ Peas & Carrots, Pears & Milk	Sliced Cheese & Whole Wheat Crackers
Tuesday, 1/28	Oatmeal, Blueberries & Milk	BBQ Chicken w/ Brown Rice, Butter Peas, Pineapple & Milk	Yogurt & Pretzels
Wednesday, 1/29	Pancakes, Mandarin Oranges & Milk	Whole Wheat Spaghetti & Meatballs, Broccoli, Pears & Milk	Rice Cereal & Craisins
Thursday, 1/30	Cheese Biscuit, Peaches & Milk	Chicken Sliders, Baked Sweet Potato Fries, Pineapple & Milk	Graham Crackers & Applesauce
Friday, 1/31	Grits w/ Turkey Sausage, Banana & Milk	Pot Roast, Peas & Carrots, Pears & Milk	Fresh Fruit & Goldfish



"Growing Room Tallahassee"



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