

January Menu

	Breakfast	Lunch	3:30 Snack
Wednesday, 1/1	CLOSED	HAPPY NEW YEAR	CLOSED
Thursday, 1/2	French Toast, Pears & Milk	Cheese Pizza, Green Beans, Mandarin Oranges & Milk	Yogurt & Blueberries
Friday, 1/3	Oatmeal, Pineapple & Milk	Meatballs & Brown Rice, Broccoli, Applesauce & Milk	Rice Cereal & Craisins
Monday, 1/6	Cheese Biscuits, Mandarin Oranges & Milk	Chicken Fried Rice, Peas & Carrots, Pears & Milk	Happy Birthday Growing Room Special Birthday Treats
Tuesday, 1/7	Grits w/ Turkey Sausage, Pineapple & Milk	Chicken Spaghetti, Green Beans, Peaches & Milk	Veggie Straws & Raisins
Wednesday, 1/8	Blueberry Muffins, Applesauce & Milk	Hamburger Sliders, Tater Tots, Mandarin Oranges & Milk	Yogurt & Blueberries
Thursday, 1/9	Waffles, Banana & Milk	Whole Wheat Cheese Quesadilla, Butter Peas, Pears & Milk	Graham Crackers & Applesauce
Friday, 1/10	Cinnamon Raisin Biscuits, Pineapple & Milk	Pot Roast, Mashed Potatoes, Mandarin Oranges & Milk	Sliced Cheese & Whole Wheat Crackers
Monday, 1/13	French Toast, Applesauce & Milk	Whole Wheat Spaghetti & Meatballs, Green Beans, Pears & Milk	Rice Cereal & Raisins
Tuesday, 1/14	Oatmeal, Blueberries & Milk	Brunch for Lunch: Pancakes, Turkey Sausage, Pineapple & Milk	Veggie Straws & Fresh Fruit
Wednesday, 1/15	Cheese Biscuits, Mandarin Oranges & Milk	BBQ Chicken & Brown Rice, Purple Hull Peas, Peaches & Milk	Goldfish & Craisins
Thursday, 1/16	Pancakes, Pears & Milk	Chicken Sliders, Baked Sweet Potato Fries, Pineapple & Milk	Yogurt & Pretzels
Friday, 1/17	Waffles, Banana & Milk	Cheese Pizza, Butter Peas, Mandarin Oranges & Milk	Sliced Cheese & Whole Wheat Crackers
Monday, 1/20	CLOSED	CLOSED FOR MLK JR DAY	CLOSED
Tuesday, 1/21	Cheese Grits, Pears & Milk	Meatballs & Brown Rice, Purple Hull Peas, Pineapple & Milk	Veggie Straws & Craisins
Wednesday, 1/22	Blueberry Muffin, Applesauce & Milk	Whole Wheat Taco Quesadillas, Green Beans, Peaches & Milk	Yogurt & Blueberries
Thursday, 1/23	French Toast, Mandarin Oranges & Milk	Hamburger Sliders, Tater Tots, Pears & Milk	Graham Crackers & Applesauce
Friday, 1/24	Waffles, Banana & Milk	Chicken Divan w/ Brown Rice & Broccoli, Pineapple & Milk	Fresh Fruit & Goldfish
Monday, 1/27	Cinnamon Raisin Biscuit, Applesauce & Milk	Chicken LoMein w/ Peas & Carrots, Pears & Milk	Sliced Cheese & Whole Wheat Crackers
Tuesday, 1/28	Oatmeal, Blueberries & Milk	BBQ Chicken w/ Brown Rice, Butter Peas, Pineapple & Milk	Yogurt & Pretzels
Wednesday, 1/29	Pancakes, Mandarin Oranges & Milk	Whole Wheat Spaghetti & Meatballs, Broccoli, Pears & Milk	Rice Cereal & Craisins
Thursday, 1/30	Cheese Biscuit, Peaches & Milk	Chicken Sliders, Baked Sweet Potato Fries, Pineapple & Milk	Graham Crackers & Applesauce
Friday, 1/31	Grits w/ Turkey Sausage, Banana & Milk	Pot Roast, Peas & Carrots, Pears & Milk	Fresh Fruit & Goldfish



Growing Room News

Loving and Learning The Growing Room Way.

January 2020

All centers will be closed on January 1st and January 20th



Happy New Year to our Growing Room Families and HAPPY 10th BIRTHDAY Growing Room Tallahassee! The last 10 years have been full of blessings and joy! We smile with warm hearts as we think about all the wonderful things that have happened at Growing Room during those 10 years! What a blessing it is to have the opportunity to be a part of your children's lives as they start their journey into the wonderful world of learning! We are looking forward to the next 10 years surrounded by our amazing staff and Growing Room families, filled with lots of learning, growth and fun along the way. As always, we thank you for your love and support!

We wish you all the best in 2020!



"Growing Room Tallahassee"



www.pinterest.com/grtally



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www.GrowingRoomChildCare.com

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Making a Difference Employee for January

Growing Room Welaunee
Kiara Green
Floater

Ms. Kiara joined Growing Room Welaunee in July 2019. She can often be found loving on the babies in 1A but she is eager to help in any classroom where she is needed. Ms. Kiara's laughter and playfulness fill our classrooms with love and joy. She is an excellent addition to our Growing Room Welaunee team.

Thank you Ms. Kiara
for
Making a Difference!

Growing Room Bradfordville
Shel Bruce
Floater

Ms. Shel is a wonderful asset to our Growing Room team. She joined us in August 2018 and has been such a blessing to our center. You can find her doing anything from passing out snack to loving on all of the children in the classrooms. She always has a smile on her face and is full of so much wonderful energy!

Thank you Ms. Shel
for
Making a Difference!

Growing Room Metropolitan
Ebony Young
Todds Para Pro

Ms. Ebony began with Growing Room in May 2019 as a practicum student with FAMU and moved into a fulltime teaching roll in August 2019. She always has such a loving smile on her face and great energy in the classroom. We are so lucky to have her as part of our team.

Thank you Ms. Ebony
for
Making a Difference!

THANK YOU!

We want to thank all of you for your generosity during November and December! With your help, we were able to donate toys, both new and gently used, to foster children in our community and sponsor children and families in need through The Salvation Army's Angel Tree Program. In addition, we were able to help provide care packages to families with children in the NICU as well as donate many non-perishable food items to help feed those in our community who are served by the Emergency Care Help Organization (ECHO).

Thank you for helping Growing Room make a difference in our community!

Character Education Topic for January Mind Your Manners



Your child will learn about manners through the use of character education books, character critters, teacher role modeling and positive reinforcement.

Your child will learn:

- The importance of making the right choice
- To think before acting
- Table manners
- To always use polite words and not to interrupt others
- To clean up after themselves
- Not to call people names
- To cover your mouth when you cough or sneeze

Parent Reading Week- January 27th-31st



We invite you to come read to your child's class.

You can bring a book from home or you can pick one from our classroom library!

Look for the sign-up sheet on the classroom door!

Helpful Parent Reminders

December 31.....All Centers Close at 3pm

January 1.....Happy New Year! All Centers Closed

December 31-January 3.....LCS Closed- No VPK Only

January 3.....Spirit Day Friday

January 4.....Happy Birthday Growing Room Tallahassee

January 6.....Growing Room Tallahassee's 10th Birthday Celebration, 3:00 pm

January 10.....Spirit Day Friday

January 17.....Spirit Day Friday

January 20.....MLK Jr. Day-All Centers Closed

January 23.....Growing Room Travels Around the World, 6:30 pm-7:30 pm

January 24.....Spirit Day Friday

January 27-31.....Parent Reading Week-Sign Up to Come Read to Your Child's Class

January 31.....Spirit Day Friday

TO ALL OF OUR FAMILIES WHO CELEBRATE BIRTHDAYS IN JANUARY, WE WISH YOU A VERY HAPPY DAY!



Growing Room

Travels Around The World



Please join us on January 23rd from 6:30-7:30pm for one of the best Growing Room events of the year! Bring the whole family-no need to eat dinner before you come as there will be many delicious dishes in each classroom for you to try!

As you travel from classroom to classroom, you will see and taste the best of many countries. It is sure to be a unique cultural experience. Your children will get to participate in decorating for the event. Our teachers are working very hard to make this a night you won't forget!

Cold Weather is Here!

Please remember to send your child in warm clothing including a coat, hat and gloves when necessary. Make sure that all outerwear is labeled with your child's first and last name. We will go outside daily, weather permitting.