

# September Menu

	<b>Breakfast</b>	<b>Lunch</b>	<b>3:30 Snack</b>
Tuesday, September 1	Grits w/ Turkey Sausage, Pineapple & Milk	BBQ Chicken w/ Brown Rice, Butter Peas, Peaches & Milk	Whole Wheat Crackers & Sliced Cheese
Wednesday, September 2	Cheese Biscuit, Mandarin Oranges & Milk	Hamburger Sliders, Tater Tots, Pears & Milk	Fresh Fruit & Veggie Straws
Thursday, September 3	Blueberry Muffins, Banana & Milk	Brunch For Lunch: Pancakes, Turkey Sausage, Pineapple & Milk	Yogurt & Pretzels
Friday, September 4	Waffles, Mandarin Oranges & Milk	Whole Wheat Taco Quesadillas, Peas & Carrots, Pears & Milk	Goldfish & Raisins
Monday, September 7	<b>CLOSED</b>	<b>LABOR DAY</b>	<b>CLOSED</b>
Tuesday, September 8	Oatmeal, Blueberries & Milk	Chicken LoMein with Peas & Carrots, Pineapple & Milk	Whole Wheat Crackers & Sliced Cheese
Wednesday, September 9	Applesauce Muffins, Pears & Milk	Chicken Sliders, Baked Sweet Potato Fries, Mandarin Oranges & Milk	Fresh Fruit & Goldfish
Thursday, September 10	Cheese Grits, Peaches & Milk	Pot Roast, Mashed Potatoes, Pineapple & Milk	Graham Crackers & Applesauce
Friday, September 11	Cinnamon Raisin Biscuit, Banana & Milk	Cheese Pizza, Green Beans, Pears & Milk	Animal Crackers & Craisins
Monday, September 14	French Toast, Applesauce & Milk	Chicken Divan with Broccoli, Mandarin Oranges & Milk	Goldfish & Raisins
Tuesday, September 15	Grits with Turkey Sausage, Peaches & Milk	Whole Wheat Spaghetti & Meatballs, Green Beans, Pineapple & Milk	Whole Wheat Crackers & Sliced Cheese
Wednesday, September 16	Blueberry Muffins, Pears & Milk	Tacos with Ground Turkey, Peas & Carrots, Mandarin Oranges & Milk	Fresh Fruit & Veggie Straws
Thursday, September 17	Pancakes, Pineapple & Milk	Hamburger Sliders, Tater Tots, Pears & Milk	Yogurt & Pretzels
Friday, September 18	Cheese Biscuits, Banana & Milk	BBQ Chicken with Brown Rice, Butter Peas, Mandarin Oranges & Milk	Animal Crackers & Craisins
Monday, September 21	Waffles, Pineapple & Milk	Chicken Parmesan Pasta Bake, Green Beans, Pears & Milk	Graham Crackers & Applesauce
Tuesday, September 22	Oatmeal, Blueberries & Milk	Brunch For Lunch: Pancakes & Turkey Sausage, Mandarin Oranges & Milk	Veggies Straws & Raisins
Wednesday, September 23	Cinnamon Raisin Biscuit, Peaches & Milk	Tex Mex Chicken & Brown Rice, Butter Peas, Pineapple & Milk	Yogurt & Blueberries
Thursday, September 24	Cheese Grits, Banana & Milk	Chicken Sliders, Baked Sweet Potato Fries, Pears & Milk	Goldfish & Raisins
Friday, September 25	Applesauce Muffins, Mandarin Oranges & Milk	Meatballs & Brown Rice, Broccoli, Pineapple & Milk	Whole Wheat Crackers & Sliced Cheese
Monday, September 28	Pancakes, Peaches & Milk	Cheese Pizza, Green Beans, Pears & Milk	Animal Crackers & Craisins
Tuesday, September 29	Grits with Turkey Sausage, Mandarin Oranges & Milk	Whole Wheat Cheese Quesadillas, Broccoli, Pineapple & Milk	Whole Wheat Crackers & Sliced Cheese
Wednesday, September 30	Cheese Biscuit, Applesauce & Milk	Chicken LoMein with Peas & Carrots, Pears & Milk	Fresh Fruit & Veggie Straws
Thursday, October 1	Blueberry Muffin, Banana & Milk	Hamburger Sliders, Tater Tots, Mandarin Oranges & Milk	Yogurt & Pretzels
Friday, October 2	French Toast, Pineapple & Milk	Pot Roast, Mashed Potatoes, Pears & Milk	Graham Crackers & Applesauce



"Growing Room Tallahassee"



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