

January Menu

	Breakfast	Lunch	3:30 Snack
Friday, January 1	CLOSED	Happy New Year!	CLOSED
Monday, January 4	Waffles, Mandarin Oranges & Milk	Pot Roast, Mashed Potatoes, Pineapple & Milk	Animal Crackers & Craisins
Tuesday, January 5	Oatmeal, Blueberries & Milk	Whole Wheat Spaghetti & Meatballs, Green Beans, Pears & Milk	Whole Wheat Crackers & Sliced Cheese
Wednesday, January 6	Cinnamon Raisin Biscuit, Peaches & Milk	Hamburger Sliders, Tater Tots, Pineapple & Milk	Fresh Fruit & Veggie Straws
Thursday, January 7	Cheese Grits, Banana & Milk	Brunch for Lunch: Chicken & Waffles, Mandarin Oranges & Milk	Yogurt & Pretzels
Friday, January 8	Applesauce Muffins, Pears & Milk	Whole Wheat Cheese Quesadillas, Butter Peas, Pineapple & Milk	Goldfish & Raisins
Monday, January 11	Waffles, Applesauce & Milk	Chicken Pot Pie, Mandarin Oranges & Milk	Yogurt & Pretzels
Tuesday, January 12	Grits with Turkey Sausage, Peaches & Milk	Whole Wheat Spaghetti & Meatballs, Green Beans, Pineapple & Milk	Whole Wheat Crackers & Sliced Cheese
Wednesday, January 13	Blueberry Muffins, Pears & Milk	Pot Roast, Mashed Potatoes, Mandarin Oranges & Milk	Fresh Fruit & Veggie Straws
Thursday, January 14	Pancakes, Pineapple & Milk	Sloppy Joes, Tater Tots, Pears & Milk	Graham Crackers & Applesauce
Friday, January 15	Cheese Biscuits, Banana & Milk	BBQ Chicken with Brown Rice, Butter Peas, Mandarin Oranges & Milk	Animal Crackers & Craisins
Monday, January 18	CLOSED	CLOSED FOR MLK JR DAY	CLOSED
Tuesday, January 19	Oatmeal, Blueberries & Milk	Tacos with Ground Turkey, Butter Peas, Pineapple & Milk	Fresh Fruit & Goldfish
Wednesday, January 20	Applesauce Muffins, Pears & Milk	Chicken Fried Rice with Peas & Carrots, Mandarin Oranges & Milk	Graham Crackers & Applesauce
Thursday, January 21	Cheese Grits, Peaches & Milk	Whole Wheat Spaghetti & Meatballs, Broccoli, Pineapple & Milk	Animal Crackers & Craisins
Friday, January 22	Cinnamon Raisin Biscuit, Banana & Milk	Chicken & Sausage Paella, Green Beans, Pears & Milk	Yogurt & Blueberries
Monday, January 25	Pancakes, Pineapple & Milk	Chicken Pot Pie, Pears & Milk	Graham Crackers & Applesauce
Tuesday, January 26	Grits w/ Turkey Sausage, Peaches & Milk	Brunch For Lunch: Chicken & Waffles, Mandarin Oranges & Milk	Veggies Straws & Raisins
Wednesday, January 27	Cinnamon Raisin Biscuit, Pineapple & Milk	Sloppy Joes, Tater Tots, Pears & Milk	Yogurt & Blueberries
Thursday, January 28	Blueberry Muffin, Applesauce & Milk	Meatballs w/ Brown Rice, Broccoli, Mandarin Oranges & Milk	Whole Wheat Crackers & Sliced Cheese
Friday, January 29	French Toast, Pineapple & Milk	BBQ Chicken w/ Brown Rice, Butter Peas, Pears & Milk	Fresh Fruit & Goldfish

*on days that raisins, craisins or pretzels are offered, a substitute of cheerios or a fruit will be offered to Infants-Toddlers.



"Growing Room Tallahassee"



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