

September Menu

	Breakfast	Lunch	3:30 Snack
Wednesday, September 1	Sausage Biscuit, Pears & Milk	Hamburger Sliders, Tater Tots, Mandarin Oranges & Milk	Graham Crackers & Applesauce
Thursday, September 2	Cheese Grits, Peaches & Milk	Chicken Spaghetti, White Acre Peas Pineapple & Milk	Animal Crackers & Craisins
Friday, September 3	Waffles, Pears & Milk	BBQ Chicken with Brown Rice, Purple Hull Peas, Mandarin Oranges & Milk	Goldfish & Raisins
Monday, September 6	CLOSED	LABOR DAY	CLOSED
Tuesday, September 7	Grits with Turkey Sausage, Peaches & Milk	Chicken & Spanish Rice, Black Beans, Pineapple & Milk	Whole Wheat Crackers & Sliced Cheese
Wednesday, September 8	Blueberry Biscuit, Applesauce & Milk	Cheese Tortellini, Green Beans, Pears & Milk	Yogurt & Pretzels
Thursday, September 9	French Toast, Mandarin Oranges & Milk	Turkey Pot Roast, Mashed Potatoes, Peaches & Milk	Graham Crackers & Applesauce
Friday, September 10	Cheese Biscuit, Pineapple & Milk	Chicken & Rice, Peas & Carrots, Pears & Milk	Veggie Straws & Craisins
Monday, September 13	Cheese Grits, Mandarin Oranges & Milk	Brunch for Lunch: Pancakes & Turkey Sausage, Peaches & Milk	Graham Crackers & Applesauce
Tuesday, September 14	Oatmeal, Blueberries & Milk	Chicken Divan with Broccoli, Pineapple & Milk	Fresh Fruit & Goldfish
Wednesday, September 15	Cinnamon Raisin Biscuit, Applesauce & Milk	Meatballs, Mashed Potatoes, Pears & Milk	Whole Wheat Crackers & Sliced Cheese
Thursday, September 16	Waffles, Banana & Milk	Meat Sauce & Macaroni, Green Beans, Mandarin Oranges & Milk	Animal Crackers & Craisins
Friday, September 17	Sausage Biscuit, Pineapple & Milk	Chicken Paella, Black Beans, Peaches & Milk	Yogurt & Blueberries
Monday, September 20	Chef's Choice	Chef's Choice	Fresh Fruit & Snack Mix
Tuesday, September 21	Grits with Turkey Sausage, Mandarin Oranges & Milk	Chicken Parmesan Pasta Bake, Green Beans, Pears & Milk	Whole Wheat Crackers & Sliced Cheese
Wednesday, September 22	Blueberry Biscuit, Pineapple & Milk	Cheese Pizza, Broccoli, Peaches & Milk	Yogurt & Pretzels
Thursday, September 23	Waffles, Banana & Milk	Hamburger Sliders, Tater Tots, Mandarin Oranges & Milk	Graham Crackers & Applesauce
Friday, September 24	French Toast, Pears & Milk	Cheese Quesadilla, Black Beans, Pineapple & Milk	Animal Crackers & Craisins
Monday, September 27	Cheese Biscuit, Peaches & Milk	BBQ Chicken with Brown Rice, Lima Beans, Pears & Milk	Fresh Fruit & Goldfish
Tuesday, September 28	Oatmeal, Blueberries & Milk	Whole Wheat Spaghetti & Meatballs, Broccoli, Pineapple & Milk	Veggie Straws & Raisins
Wednesday, September 29	Pancakes, Applesauce & Milk	Chicken Etouffee, Green Beans, Mandarin Oranges & Milk	Whole Wheat Crackers & Sliced Cheese
Thursday, September 30	Cheese Grits, Banana & Milk	Brunch for Lunch: Chicken & Waffles, Pears & Milk	Animal Crackers & Craisins
Friday, October 1	Sausage Biscuits, Peaches & Milk	Baked Chopped Steak, Mashed Potatoes, Pineapple & Milk	Yogurt & Blueberries

*On days that raisins, craisins or pretzels are offered, a substitute of cheerios or a fruit will be offered to Infants-Toddlers.



"Growing Room Tallahassee"



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