

October Menu

	Breakfast	Lunch	3:30 Snack
Monday, October 4	Blueberry Biscuit, Peaches & Milk	Hamburger Sliders, Tater Tots, Mandarin Oranges & Milk	Graham Crackers & Applesauce
Tuesday, October 5	Cheese Grits, Pears & Milk	Chicken Spaghetti, White Acre Peas Pineapple & Milk	Yogurt & Blueberries
Wednesday, October 6	Cheese Biscuit, Mandarin Oranges & Milk	BBQ Chicken with Brown Rice, Purple Hull Peas , Pears & Milk	Goldfish & Raisins
Thursday, October 7	French Toast, Banana & Milk	Whole Wheat Spaghetti & Meatballs, Broccoli, Pineapple & Milk	Whole Wheat Crackers & Sliced Cheese
Friday, October 8	Pancakes, Pears & Milk	Chicken & Spanish Rice, Black Beans, Mandarin Oranges & Milk	Animal Crackers & Craisins
Monday, October 11	Sausage Biscuit, Applesauce & Milk	Cheese Tortellini, Green Beans, Pears & Milk	Yogurt & Pretzels
Tuesday, October 12	Oatmeal, Blueberries & Milk	Turkey Pot Roast, Mashed Potatoes, Peaches & Milk	Graham Crackers & Applesauce
Wednesday, October 13	Grits with Turkey Sausage, Pineapple & Milk	Macaroni & Cheese, Broccoli, Mandarin Oranges & Milk	Veggie Straws & Craisins
Thursday, October 14	Cinnamon Raisin Biscuit, Pears & Milk	Meatballs, Mashed Potatoes, Pineapple & Milk	Graham Crackers & Applesauce
Friday, October 15	French Toast, Mandarin Oranges & Milk	Chicken Divan with Broccoli, Pears & Milk	Fresh Fruit & Goldfish
Monday, October 18	Blueberry Biscuit, Pineapple & Milk	Brunch for Lunch: Pancakes & Turkey Sausage, Pears & Milk	Whole Wheat Crackers & Sliced Cheese
Tuesday, October 19	Waffles, Banana & Milk	Chicken Paella, Black Beans, Mandarin Oranges & Milk	Animal Crackers & Craisins
Wednesday, October 20	French Toast, Applesauce & Milk	Meat Sauce & Macaroni, Broccoli, Peaches & Milk	Yogurt & Blueberries
Thursday, October 21	Cheese Biscuit, Pineapple & Milk	Chicken & Rice, Peas & Carrots, Pears & Milk	Fresh Fruit & Snack Mix
Friday, October 22	Oatmeal, Blueberries & Milk	Chicken Parmesan Pasta Bake, Green Beans, Mandarin Oranges & Milk	Whole Wheat Crackers & Sliced Cheese
Monday, October 25	Sausage Biscuit, Pears & Milk	Cheese Pizza, Broccoli, Peaches & Milk	Yogurt & Pretzels
Tuesday, October 26	Cheese Grits, Banana & Milk	Chicken Sliders, Baked Sweet Potato Fries, Mandarin Oranges & Milk	Graham Crackers & Applesauce
Wednesday, October 27	Pancakes, Pineapple & Milk	Cheese Quesadilla, Black Beans, Pears & Milk	Animal Crackers & Craisins
Thursday, October 28	French Toast, Mandarin Oranges & Milk	Chicken Etouffee, Green Beans, Applesauce & Milk	Fresh Fruit & Goldfish
Friday, October 29	Cinnamon Raisin Biscuit, Pineapple & Milk	Baked Chopped Steak, Mashed Potatoes, Mandarin Oranges & Milk	Veggie Straws & Raisins

*On days that raisins, craisins or pretzels are offered, a substitute of cheerios or a fruit will be offered to Infants-Toddlers.



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