

October Menu

	Breakfast	Lunch	3:30 Snack
Monday, October 2	Blueberry Yogurt Parfait & Milk	Chicken Spaghetti, Purple Hull Peas, Pears & Milk	Whole Wheat Crackers & Sliced Cheese
Tuesday, October 3	Pancakes, Sausage, Applesauce & Milk	Macaroni & Cheese, Lima Beans, Pineapple & Milk	Vanilla Wafers & Banana Pudding
Wednesday, October 4	Rice Crispies, Peaches & Milk	Ground Turkey Tacos, Black Beans, Mandarin Oranges & Milk	Strawberry Go-Gurt & Goldfish
Thursday, October 5	Waffles, Pineapple & Milk	Brown Gravy Meatballs, Mashed Potatoes, Pears & Milk	Veggie Straws & Craisins
Friday, October 6	Peach Yogurt Parfait & Milk	Turkey & Cheese Sliders, Roasted Potatoes, Banana & Milk	Animal Crackers & Pink Lemonade
Monday, October 9	Blueberry Yogurt Parfait & Milk	Chicken Divan w/ Broccoli, Pineapple & Milk	Whole Wheat Crackers & Sliced Cheese
Tuesday, October 10	French Toast, Sausage, Mandarin Oranges & Milk	Cheese Tortellini, Green Beans, Peaches & Milk	Animal Crackers & Chocolate Pudding
Wednesday, October 11	Cheerios, Pears & Milk	Baked Chicken, Mashed Potatoes, Pineapple & Milk	Strawberry Go-Gurt & Goldfish
Thursday, October 12	Pancakes, Applesauce & Milk	Chicken & Rice, Purple Hull Peas, Mandarin Oranges & Milk	Graham Crackers & Raisins
Friday, October 13	Yogurt, Banana & Milk	Turkey & Cheese Sliders, Tater Tots, Pears & Milk	Whole Wheat Crackers & Pepperoni
Monday, October 16	Peach Yogurt Parfait & Milk	Spaghetti w/ Meat Sauce, Green Beans, Pineapple & Milk	Whole Wheat Crackers & Sliced Cheese
Tuesday, October 17	Waffles, Sausage, Mandarin Oranges & Milk	Pasta Alfredo w/ Broccoli, Pears & Milk	Vanilla Wafers & Banana Pudding
Wednesday, October 18	Rice Crispies, Peaches & Milk	Chicken Fried Rice w/ Peas & Carrots, Pineapple & Milk	Strawberry Go-Gurt & Goldfish
Thursday, October 19	French Toast, Applesauce & Milk	Chicken & Dumplings, Lima Beans, Mandarin Oranges & Milk	Veggie Straws & Craisins
Friday, October 20	Blueberry Yogurt Parfait & Milk	Turkey & Cheese Sliders, Sweet Potato Fries, Banana & Milk	Whole Wheat Crackers & Pepperoni
Monday, October 23	Peach Yogurt Parfait & Milk	Spaghetti w/ Meatballs, Green Beans, Pineapple & Milk	Whole Wheat Crackers & Sliced Cheese
Tuesday, October 24	Pancakes, Sausage, Mandarin Oranges & Milk	Vegetable Fried Rice w/ Peas & Carrots, Pears & Milk	Animal Crackers & Vanilla Pudding
Wednesday, October 25	Cheerios, Peaches & Milk	Baked Chopped Steak, Mashed Potatoes, Pineapple & Milk	Strawberry Go-Gurt & Goldfish
Thursday, October 26	Waffles, Applesauce & Milk	Chicken Parmesan Pasta Bake, Purple Hull Peas, Mandarin Oranges & Milk	Graham Crackers & Raisins
Friday, October 27	Yogurt, Banana & Milk	Turkey & Cheese Sliders, Roasted Potatoes, Pears & Milk	Whole Wheat Crackers & Pepperoni
Monday, October 30	Blueberry Yogurt Parfait & Milk	BBQ Chicken w/ Rice, Purple Hull Peas, Pineapple & Milk	Whole Wheat Crackers & Sliced Cheese
Tuesday, October 31	French Toast, Sausage, Mandarin Oranges & Milk	Macaroni & Cheese, Lima Beans, Pears & Milk	Vanilla Wafers & Chocolate Pudding

*Items in green are vegetarian meals.



Growing Room News

Loving and Learning The Growing Room Way.

October 2023

Fall Festival Celebrations

On **Tuesday, October 31st**, all centers will celebrate the fall season with a Fall Festival in the morning. Children can wear their costumes to school or bring their costume with them and change into them before the festival begins (nothing scary, please). We are asking that each family please provide one bag of approved individually packaged treats (Goldfish, Veggie Straws, Raisins, etc.) or other age-appropriate trinkets/toys (Tattoos, balls, etc.) for the children in your child’s class by Friday, October 20th. During the Fall Festival, the children will enjoy fun games and activities. Be sure to check with your center for the Fall Festival schedule for the day.



*Please remember no nut products are allowed in the centers.

Fall Festival

***Check with your center to see what time your child’s class is scheduled**



Family Pumpkin Carving Contest

Show off your creative side! Decorate a pumpkin with your child and drop it off at your center on

Monday, October 30th

Voting will take place on Tuesday, October 31st.

One winner from each center will be chosen and announced on Wednesday, November 1st.

Poinsettia Orders

Growing Room will be selling poinsettia’s this year for \$12 per plant.

ALL proceeds will go toward adopting a local family for the holidays.

Completed order forms, including checks made payable to Growing Room, are due back to school by Friday, October 27th. Order forms will be going home Monday, October 9th!

The plants will be delivered during the last week of November.

Making a Difference Employee for October

Growing Room Welaunee
Ms. Janae Jones
Pre-K Para Pro

Growing Room Bradfordville
Ms. Cassidy Dawkins
Infant 2 Lead Teacher

Growing Room Metropolitan
Ms. Caitlin Smith
K2C Lead Teacher

Ms. Janae joined the Growing Room Welaunee team in June 2023. She brings so much positivity and happiness not only to the children but to the center. Ms. Janae has one of the biggest hearts and we are so lucky to have her working with our children. She always has a smile and brings so much cheer and happiness to her classroom. We appreciate you and everything you do.

Ms. Cassidy became part of the Growing Room Bradfordville family in April 2021. Her smile can light up a room and she can always be found being silly and laughing with all of the children in her classroom.

Ms. Cassidy loves doing art, playing outside and reading books with her babies. She is a team player and is always willing to help out where needed. We are so thankful and lucky to have her.

Ms. Caitlin celebrated her 4th anniversary with Growing Room Metropolitan in June 2023. She is always thinking outside of the box and bringing fun new creative learning opportunities to her classroom. Ms. Caitlin brings joy and happiness to everyone she is around. She is always ready for the day and whatever it may bring. We are so grateful to have her as part of our team!

Thank you Ms. Janae
for
Making a Difference!

Thank you Ms. Cassidy
for
Making a Difference!

Thank you Ms. Caitlin
for
Making a Difference!

Administrator of the month

Lorin Burgess has been part of the Growing Room team since January 2023. She became a member of our admin team in August 2023. Her experience in the classroom makes her a huge asset to our classrooms and our teachers. She is always ready to jump in and lend a helping hand wherever she is needed. We are so excited to have her as a member of our admin team. Thank you Lorin for all that you do!



Character Education Topic for October Being Truthful



Your child will learn about being truthful through the use of character education books, character critters, teacher role modeling and positive reinforcement.

Your child will learn:

- To always tell the truth and be honest no matter what
 - To do what you say you are going to do
 - To not take things that do not belong to you
- To have the courage to do what is right, even when it is difficult

Helpful Parent Reminders

October 2Go Pink for Breast Cancer Awareness! - Everyone Wear Pink
October 2-6Breast Cancer Awareness Fundraiser
October 5Go Pink for Breast Cancer Awareness! - Everyone Wear Pink
October 6Come to School Wearing Your PJ's
October 6Go Pink Cookie and Pink Lemonade Party, 3pm
Week of October 9Go Pink Popsicle Parties
October 9-27.Poinsettia Orders
 October 12Come to School Dressed as a Firefighter
 October 13Spirit Day Friday
 October 16LCS Closed- No VPK Only
 October 19Come to School Wearing Your Favorite Color
 October 20Spirit Day Friday
 October 27Spirit Day Friday
 October 30Family Pumpkin Decorating Contest
 October 31Fall Festival

**ALL OF OUR FAMILIES WHO CELEBRATE BIRTHDAYS IN OCTOBER,
WE WISH YOU A VERY HAPPY DAY!**

We invite you to join Growing Room as we GO PINK for Breast Cancer Awareness.

Monday, October 2nd we will kick off our week long fundraising event to raise money and awareness for breast cancer by wearing PINK. All proceeds from the change drive will go directly back to the Joanna Francis Living Well Foundation. The class that raises the most money from October 2nd-October 6th will win a popsicle party during the week of October 9th.

On Friday, October 6th we will conclude our fundraising efforts with a PJ Day!
We will wear pajamas and enjoy cookies and pink lemonade!

Growing Room is going PINK for Breast Cancer Awareness!

October 2nd-6th

Monday, October 2nd: Everyone wears pink

Thursday, October 5th: Everyone wears pink

Friday, October 6th: Wear PJ's
Cookie & Pink Lemonade Party

Week of October 9th: Popsicle Party for the classroom that raises the most money

