

November Menu

*Items in green are vegetarian meals.

	Breakfast	Lunch	3:30 Snack
Friday, November 1	Blueberry Yogurt Parfait & Milk	Chicken Nuggets, Tater Tots, Banana & Milk	Graham Crackers & Craisins
Monday, November 4	French Toast, Pineapple & Milk	Spaghetti w/ Meat Sauce, Green Beans, Pears & Milk	Whole Wheat Crackers & Sliced Cheese
Tuesday, November 5	Peach Yogurt Parfait & Milk	Ground Turkey Tacos, Black Beans, Mandarin Oranges & Milk	Vanilla Wafers & Banana Pudding
Wednesday, November 6	Cheerios, Pineapple & Milk	BBQ Chicken w/ Brown Rice, Lima Beans, Peaches & Milk	Strawberry Go-Gurt & Goldfish
Thursday, November 7	Waffles, Sausage, Applesauce & Milk	Broccoli Alfredo, Pears & Milk	Whole Wheat Crackers & Pepperoni
Friday, November 8	Yogurt, Banana & Milk	Ham & Cheese Sliders, Roasted Potatoes, Mandarin Oranges & Milk	Veggie Straws & Raisins
Monday, November 11	CLOSED	HAPPY VETERAN'S DAY	CLOSED
Tuesday, November 12	Blueberry Yogurt Parfait & Milk	Brown Gravy Meatballs, Mashed Potatoes, Pineapple & Milk	Animal Crackers & Vanilla Pudding
Wednesday, November 13	Rice Crispies, Pears & Milk	Chicken w/ Yellow Rice & Black Beans, Mandarin Oranges & Milk	Strawberry Go-Gurt & Goldfish
Thursday, November 14	Pancakes, Sausage, Applesauce & Milk	Macaroni & Cheese, Green Beans, Pineapple & Milk	Whole Wheat Crackers & Pepperoni
Friday, November 15	Peach Yogurt Parfait & Milk	Chicken Nuggets, Tater Tots, Banana & Milk	Graham Crackers & Craisins
Monday, November 18	French Toast, Mandarin Oranges & Milk	Chicken Spaghetti, Lima Beans, Peaches & Milk	Whole Wheat Crackers & Sliced Cheese
Tuesday, November 19	Blueberry Yogurt Parfait & Milk	Ground Turkey Tacos, Black Beans, Pineapple & Milk	Vanilla Wafers and Banana Pudding
Wednesday, November 20	Cheerios, Pears & Milk	Cheddar Broccoli Rice Casserole, Mandarin Oranges & Milk	Whole Wheat Crackers & Pepperoni
Thursday, November 21	Waffles, Sausage, Applesauce & Milk	Thanksgiving Lunches: Turkey, Mashed Potatoes, Green Beans, Cinnamon Apples & Milk	Strawberry Go-Gurt & Goldfish
Friday, November 22	Yogurt, Banana & Milk	Ham & Cheese Sliders, Tater Tots, Pears & Milk	Veggie Straws & Raisins
Monday, November 25	Pancakes, Applesauce & Milk	Spaghetti w/ Meatballs, Green Beans, Pears & Milk	Whole Wheat Crackers & Sliced Cheese
Tuesday, November 26	Peach Yogurt Parfait & Milk	Chicken Divan w/ Broccoli, Pineapple & Milk	Animal Crackers & Vanilla Pudding
Wednesday, November 27	Rice Crispies, Mandarin Oranges & Milk	Ham & Cheese Sliders, Sweet Potato Fries, Peaches & Milk	Strawberry Go-Gurt & Goldfish
Thursday, November 28	CLOSED	HAPPY THANKSGIVING	CLOSED
Friday, November 29	CLOSED	HAPPY THANKSGIVING	CLOSED
Monday, December 2	Rice Crispies, Pineapple & Milk	Brown Gravy Meatballs w/ Brown Rice, Lima Beans, Pears & Milk	Whole Wheat Crackers & Sliced Cheese
Tuesday, December 3	Blueberry Yogurt Parfait & Milk	Chicken & Broccoli Alfredo, Mandarin Oranges & Milk	Vanilla Wafers & Banana Pudding



Growing Room News

Loving and Learning The Growing Room Way.

November 2024

We Are Thankful For Our Growing Room Families

It is with much love and gratitude that we celebrate Thanksgiving here at Growing Room with you. Many parents, children and staff members have touched our lives in many ways, and we are grateful to God for the opportunity to have made and continue to make a difference in their lives.

Thank you for choosing Growing Room for your baby's first "home away from home" and your child's early childhood education.

Many thanks to our wonderful, dedicated staff as you provide the best care and education for the young children in our community.

Over the years, we've learned how important it is to draw close to your family and cherish every minute you have together. Be sure and do that during all your Thanksgiving festivities.

Happy Thanksgiving!

All Growing Room locations will be closed at 3pm on November 27th and be closed on November 28th & 29th.



We hope you and your family have a safe and Happy Thanksgiving!

Salvation Army Food Drive November 11th-15th

Beginning November 11th, Growing Room will be partnering with the Salvation Army. The Salvation Army serves people in crisis and poverty in Leon County. We will be collecting canned goods through November 15th. A box will be set up in the lobby for you to drop off donations.



November Parent Reminders

Veteran's Day
November 11th
ALL CENTERS CLOSED

Thanksgiving Food Drive
November 11th-November 15th

Salvation Army Angels
November 12th- due back by December 2nd

Thanksgiving Lunch
Thursday, November 21st, 11:30 am

Thanksgiving Holidays
November 27th
ALL CENTERS CLOSE AT 3 PM

November 28th & 29th
ALL CENTERS CLOSED

November Character Education Being Thankful & Caring

Your child will learn through the use of Character Education books, Character Critters, teacher modeling, and positive reinforcement.

Book Sample: Thanksgiving is for Giving Thanks by Margaret Sutherland

Character Critter: Carrie the Caring Cat

Your child will learn:
How to be compassionate and empathetic towards others.

To be kind, loving, and considerate of others.

To be thankful and express gratitude for what others do.

To show appreciation for the people.

Ways to Teach Your Child Gratitude This Thanksgiving

- Donate to a Local Charity
- Shower Gratitude on Your Child: Too often, we think teaching our child gratitude means that they have to share their own gratitude with the world. This is certainly important, but one of the best ways to teach your child gratitude is to model it for them.
- Participate in a Neighborhood Clean-Up
- Create Care Packages: For example send a plate of brownies to your community hospital. Order a pizza to send to your local firehouse. Send your local nurses' association a gift basket. It's a perfect time to show essential workers how much you care, that their pandemic efforts are not forgotten, and how well you understand how vital they are to the health and safety of us all.
- Write Thank You Notes
- Keep a Gratitude Journal: Children who can't write yet can draw pictures of what they are grateful for; they can also dictate their gratitude lists for you to write down. Older children can record their thoughts themselves. Your family can make November a gratitude month, and journal all month leading up to Thanksgiving. Making it a daily practice all year is even better.
- Do a Family Gratitude Sharing Circle: Many families spend time during or after Thanksgiving dinner saying what they are grateful for. You can simply have each family member go around the table and say one thing they are grateful for. Or you can turn this into a bit of a game, where each family member writes what they are grateful for on a slip of paper, each slip of paper is tossed into a bowl, and then the "gratitude slips" are read out loud. Guests can even guess who wrote what.

Making A Difference Employee for November

Growing Room Welaunee
Mrs. Isabella Robinson
K4A Para Pro

Mrs. Isabella joined the Growing Room Family in September 2024 and since then has been a perfect fit for our team. Mrs. Isabella creates activities that are engaging and fun for the kids. She enjoys helping our children grow and learn by singing, dancing, and smiling with the kids. We appreciate Mrs. Isabella's positive attitude throughout the center. We are thankful she is part of the Growing Room team.

Growing Room Bradfordville
Ms. Jennifer Price
Todds Para Pro

Ms. Jennifer joined our team in July 2024. You can always find her playing dress-up, blocks, and even playing musical instruments with her little ones. Ms. Jennifer always has a smile on her face and is ready for whatever the day may bring. She always has a positive attitude and a gracious, loving heart with everyone in her classroom. We are so grateful Ms. Jennifer is part of our Growing Room Family.

Growing Room Metropolitan
Mrs. Tamara James
Infant 2 Para Pro

Ms. Tamara has been part of the Growing Room team since August 2019. She is a team player and is always willing to help out wherever she is needed. You can always find Ms. Tamara on the floor playing or reading to the children in her class. Her kind and gentle nature make her a fabulous 1 year old teacher. Growing Room Metropolitan is blessed to have her as part of our team!

We appreciate all you do for our Growing Room Families!



"Showing gratitude is one of the simplest yet most powerful things humans can do for each other."
- Randy Pausch



Superstar Classroom



Each month a classroom from each center will be chosen and rewarded for standing out from the others. This classroom is an excellent representation of The Growing Room Way!

Congratulations to our classrooms of the month!

Growing Room Welaunee- K2C
Growing Room Bradfordville- K2A
Growing Room Metropolitan- Infant 2