

October Menu

	Breakfast	Lunch	3:30 Snack
Tuesday, October 1	Peach Yogurt Parfait & Milk	Cheeseburger Macaroni, Green Beans, Pineapple & Milk	Animal Crackers & Chocolate Pudding
Wednesday, October 2	Rice Crispies, Mandarin Oranges & Milk	Ground Turkey Tacos, Black Beans, Pears & Milk	Strawberry Go-Gurt & Goldfish
Thursday, October 3	French Toast, Sausage, Applesauce & Milk	Broccoli Alfredo, Peaches & Milk	Whole Wheat Crackers & Pepperoni
Friday, October 4	Blueberry Yogurt Parfait & Milk	Ham & Cheese Sliders, Tater Tots, Banana & Milk	Graham Crackers & Craisins
Monday, October 7	Waffles, Pineapple & Milk	Chicken Divan w/ Broccoli, Pears & Milk	Whole Wheat Crackers & Sliced Cheese
Tuesday, October 8	Peach Yogurt Parfait & Milk	Spaghetti w/ Meat Sauce, Green Beans, Mandarin Oranges & Milk	Vanilla Wafers & Banana Pudding
Wednesday, October 9	Cheerios, Pineapple & Milk	Chicken w/ Yellow Rice & Black Beans, Peaches & Milk	Strawberry Go-Gurt & Goldfish
Thursday, October 10	Pancakes, Sausage, Applesauce & Milk	Macaroni & Cheese, Lima Beans, Pears & Milk	Whole Wheat Crackers & Pepperoni
Friday, October 11	Yogurt, Banana & Milk	Ham & Cheese Sliders, Sweet Potato Fries, Mandarin Oranges & Milk	Veggie Straws & Raisins
Monday, October 14	French Toast, Pineapple & Milk	Brown Gravy Meatballs, Mashed Potatoes, Pears & Milk	Whole Wheat Crackers & Sliced Cheese
Tuesday, October 15	Blueberry Yogurt Parfait & Milk	BBQ Chicken w/ Brown Rice, Lima Beans, Mandarin Oranges & Milk	Animal Crackers & Chocolate Pudding
Wednesday, October 16	Rice Crispies, Peaches & Milk	Ground Turkey Tacos, Black Beans, Pineapple & Milk	Strawberry Go-Gurt & Goldfish
Thursday, October 17	Waffles, Sausage, Applesauce & Milk	Cheddar Broccoli Rice Casserole, Pears & Milk	Whole Wheat Crackers & Pepperoni
Friday, October 18	Peach Yogurt Parfait & Milk	Chicken Nuggets, Tater Tots, Banana & Milk	Graham Crackers & Craisins
Monday, October 21	Pancakes, Pineapple & Milk	Spaghetti w/ Meatballs, Green Beans, Pears & Milk	Whole Wheat Crackers & Sliced Cheese
Tuesday, October 22	Blueberry Yogurt Parfait & Milk	BBQ Turkey Sliders, Mashed Potatoes, Mandarin Oranges & Milk	Vanilla Wafers and Banana Pudding
Wednesday, October 23	Cheerios, Pineapple & Milk	Chicken & Broccoli Alfredo, Pears & Milk	Strawberry Go-Gurt & Goldfish
Thursday, October 24	French Toast, Sausage, Applesauce & Milk	Cheese Tortellini, Lima Beans, Peaches & Milk	Whole Wheat Crackers & Pepperoni
Friday, October 25	Yogurt, Banana & Milk	Ham & Cheese Sliders, Roasted Potatoes, Mandarin Oranges & Milk	Veggie Straws & Raisins
Monday, October 28	Waffles, Pineapple & Milk	Chicken Spaghetti, Purple Hull Peas, Pears & Milk	Whole Wheat Crackers & Sliced Cheese
Tuesday, October 29	Peach Yogurt Parfait & Milk	Brown Gravy Meatballs w/ Brown Rice, Lima Beans, Mandarin Oranges & Milk	Animal Crackers & Chocolate Pudding
Wednesday, October 30	Rice Crispies, Pineapple & Milk	Sloppy Joe Sliders, Mashed Potatoes, Pineapple & Milk	Strawberry Go-Gurt & Goldfish
Thursday, October 31	Pancakes, Sausage, Applesauce & Milk	Macaroni & Cheese, Green Beans, Pears & Milk	Whole Wheat Crackers & Pepperoni
Friday, November 1	Blueberry Yogurt Parfait & Milk	Chicken Nuggets, Tater Tots, Banana & Milk	Graham Crackers & Craisins